

# Post-Polio Directory 2012<sup>©</sup>

- POST-POLIO CLINICS
- HEALTH PROFESSIONALS
- SUPPORT GROUPS

**POST-POLIO HEALTH**  
INTERNATIONAL

POST-POLIO HEALTH INTERNATIONAL  
INCLUDING INTERNATIONAL VENTILATOR USERS NETWORK

4207 Lindell Boulevard, #110  
Saint Louis, MO 63108-2930 USA  
314-534-0475, 314-534-5070 fax  
info@post-polio.org, www.post-polio.org  
www.polioplace.org

Supported by



Amigo Mobility International, Inc.

## 4 Post-Polio Clinics

Physicians and facilities providing specialized and comprehensive treatment for polio survivors.

## 10 Health Professionals

Individual health professionals, with their areas of medical specialties, who have expertise in treating polio survivors.

## 20 Support Groups

Support groups and resource contacts.

## 36 Other Useful Contacts

Professional organizations of medical specialties, governmental agencies and other organizations and associations.

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Free with Contributor and Sustainer Memberships.



POST-POLIO HEALTH INTERNATIONAL  
INCLUDING INTERNATIONAL VENTILATOR USERS NETWORK

4207 LINDELL BOULEVARD, #110  
SAINT LOUIS, MO 63108-2930 USA  
314-534-0475, 314-534-5070 FAX  
INFO@POST-POLIO.ORG, WWW.POST-POLIO.ORG, WWW.POLIOPPLACE.ORG

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Email updates from [info@post-polio.org](mailto:info@post-polio.org)  
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*Ventilator-Assisted Living (bi-monthly, electronic)*

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*Resource Directory for Ventilator-Assisted Living*  
Discounts on special publications, such as  
*Handbook on the Late Effects of Poliomyelitis for Physicians and Survivors*  
Discounts on meetings sponsored by  
Post-Polio Health International

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Address \_\_\_\_\_

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Zip/Postal Code \_\_\_\_\_

Country \_\_\_\_\_

Email \_\_\_\_\_

Phone \_\_\_\_\_ Fax \_\_\_\_\_

(area/country code)

(area/country code)

## Membership Level

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 *Post-Polio Health (quarterly)* **or**  
 *Ventilator-Assisted Living (bi-monthly, electronic)*
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Name on card \_\_\_\_\_

Exp. date \_\_\_\_\_

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Send to:

Post-Polio Health International  
4207 Lindell Blvd., #110  
Saint Louis, MO 63108-2930 USA  
314-534-5070 fax

PDIR12

# Post-Polio Clinics

The physicians and hospitals listed have a special interest in post-polio problems. Post-Polio Health International (PHI) surveyed the post-polio clinics to provide more information about their approach and experience.

Clinic models often depend on the personnel available in a community. A single physician may be interested in post-polio problems, seeing survivors on a **triage** (●) basis, referring them to a physical therapist, occupational therapist, nutritionist, psychologist, social worker or orthotist, etc., and following them as the need arises.

A **multidisciplinary** (■) clinic in a rehabilitation setting can save people time and travel by having the various therapists present to examine and recommend on the same day. The multidisciplinary treatment team is usually directed by a physiatrist and includes a physical therapist, occupational therapist, speech therapist, recreational therapist, rehabilitation psychologist, rehabilitation social worker, rehabilitation nurse, a dietitian, orthotist (brace fabricator) and a vocational counselor. There usually is access to specialists in pulmonary medicine, orthopedic surgery and neurology. However, it should be noted that neurologists direct several post-polio clinics.

## **Some clinics require a physician's referral(s).**

KEY: ▲ Requires Physician's Referral ● Triage ■ Multidisciplinary

## International

*Listing is arranged in alphabetical order, first by country, then by province or state, then by city.*

### AUSTRALIA

#### **Polio Services Victoria, Melbourne ■**

Blaise Doran, Service  
Coordinator/Physiotherapist  
St. Vincent's Hospital Melbourne  
PO Box 2900  
Bolte Wing, Nicholson St  
Fitzroy, Victoria 3065  
+61 3 9288 3900  
+61 3 9288 3808 fax  
psv@svhm.org.au  
www.psv.svhm.org.au  
*Clinic established 1998*  
*Initial evaluation: < 2 hrs*  
*Medical specialty of director:*  
*Rehabilitation*

#### **Late Effects of Disability/ Neuro-Surgery Rehabilitation**

▲ ■  
Dade Fletcher, MD, FAFRM  
Rehabilitation Medicine Specialist  
G. Jegasothy, PT, Senior  
Physiotherapist  
Royal Perth Hospital  
Shenton Park Campus  
Shenton Park, Western Australia  
+61 8 9382-7117  
+61 8 9382-7307  
*Clinic established 2000*  
*Initial assessment: 2-3 hrs*  
*Medical specialty of director:*  
*Acquired brain injury rehab,*  
*orthotics, botox clinic,*  
*neurology rehabilitation*  
*Clinic coordinator: PT Dept*

#### **Post-Polio Network of Western Australia Clinic ●**

John S. Niblett, FRACR, FACHPM  
Tessa Jupp, RN  
Brenda Lake, PT  
PO Box 257  
Subiaco, Western Australia  
(Floreat)  
+61 8 9383 9050  
+61 8 9383 9075 fax  
poliowa@upnaway.com.au  
www.upnaway.com.au/~poliowa  
*Clinic established 1990*  
*Initial evaluation: 2-3 hrs*  
*Medical specialty of director:*  
*Radiation Oncology*  
*Clinic coordinator: RN*

## BRAZIL

**Federal University of  
Sao Paulo's Medical School**  
Dr. Acary Oliveira, Chief  
of Neurology Dept  
Tatiana Mesquita E. Silva,  
Physiotherapist  
Abrahão Quadros, Physiotherapist  
Rua Estado de Israel  
899 - VL. Clementino  
Sao Paulo, SP  
+11 5571-3324  
+11 5083-1051  
tatimsilva@gmail.com

## CANADA

**Montreal Neurological Institute  
& Hospital ▲ ■**  
Daria A. Trojan, MD, Director  
Diane Diorio, MD, Neurology  
3801 University St  
Montreal, Quebec H3A 2B4  
514-398-8911, 514-398-2745 fax  
Diorio: 514-398-5034  
*Clinic established 1986*  
*Medical specialty of director:*  
*Physical Medicine &  
Rehabilitation*

## DENMARK

**PTU, The Danish Society of  
Polio & Accident Victims ■**  
Fjeldhammervej 8  
2610 Rodovre  
+45 36 73 90 00  
+45 36 73 90 01 fax  
ptu@ptu.dk, www.ptu.dk  
Merete Bertelsen: mbe@ptu.dk  
Lise Kay, MD: lka@put.dk

## GERMANY

*The following 5 clinics have  
been certified by  
Bundesverband Polio:*

**Klinik Hoher Meißner,  
Bad Sooden-Allendorf  
Neurologische Abteilung**  
Hardtstrasse 36, 37242 Bad  
Sooden-Allendorf  
Dr. med. C. Schröter – Leiter  
Neurologischer Abteilung

**Klinik Miriquidi, Thermalbad  
Wiesbaden**  
Gesamte Klinik  
Freiberger Straße 33  
09488 Thermalbad Wiesbaden  
CHÄ Frau Dr. med. Froberg

**Rheuma-Klinik, Bad Bramstedt  
Neurologische Abteilung**  
Oskar-Alexander-Str. 26  
24576 Bad Bramstedt  
Prof Dr. med. Wolfgang-Ludwig  
Gross  
Ärztlicher Direktor  
Fachkrankenhaus  
Dr. med Andreas-Christoph Arlt  
Ärztlicher Direktor Rehabilitation

**Neurologisches  
Rehabilitationszentrum  
Quellenhof, Bad Wildbad**  
Kuranlagenallee 2  
75323 Bad Wildbad  
Chefarzt PD Dr. Peter  
Flachendecker

**Rehaklinik Raupennest,  
Altenberg**  
Rehefelder Str. 18  
01773 Altenberg  
Dr. med. Friedemann Steinfeldt

**Dr. W. Rink**  
Chefarzt Neurologie &  
Geriatric  
Reha-Zentrum Passauer Wolf  
Bgm.-Hartl.-Platz 1  
94086 Bad Griesbach – Therme  
+49 0853 2274511  
rink@rz-pw.de

**Katholisches Klinikum Koblenz**  
Polio Schwerpunkt Ambulanz  
Dr. med. Axel Ruetz  
Kardinal-Krementsz-Straße 1-5  
56073 Koblenz  
Telefon: 0261 / 17035  
oder 0261 / 4966101  
a.ruetz@kk-koblenz.de  
www.kk-koblenz.de

## ISRAEL

**Hadassah Medical Organization**  
Isabella Schwartz, MD  
Rehabilitation Clinic – Post-Polio  
Mount Scopus Hospital  
POB 24035  
Jerusalem  
+972 2 584-4111  
+972 2 582-3515 fax  
shivuk@hadassah.org.il  
www.hadassah.org.il

**Tel-Hashomer Chaim Sheba  
Medical Center**  
Yehekel Shemesh, MD  
Neurological Rehabilitation  
Post-Polio Clinic  
Ramat Gan  
+972 3 530-3725  
+972 3 535-2888 fax  
neure@sheba.health.gov.il  
www.sheba.co.il

## MEXICO

**Clínica de Atención Integral  
en Síndrome Post Polio**  
Instituto Nacional  
de Rehabilitación  
Calzada México-Xochimilco  
No. 289  
Col. Arenal de Guadalupe  
México, D.F., C.P. 14389  
www.cnr.gob.mx  
Dra. Alejandra Castillo Millán  
Jefa de Consulta Externa  
+59 99 10 00, ext. 11 125  
y 11 126  
Dra. Teresa de Jesús  
Baños Mendoza  
Coordinadora Médica de  
la Clínica  
+59 99 10 00, ext. 13 115  
*Clinic established 2008*

## Post-Polio Clinics

continued

### NETHERLANDS

#### University of Amsterdam ▲ ●

Prof. Marianne de Visser,  
MD, PhD  
Prof. Frans Nollet, MD, PhD  
Fieke S. Koopman, MD  
Merel Brehm, PhD  
Academic Medical Centre  
Meibergdreef 9  
1105 AZ Amsterdam  
de Visser : +31 20 566 3445  
+31 20 697 1438 fax  
m.devisser@amc.uva.nl  
Nollet : +31 20 566 4049  
+31 20 566 9154 fax  
f.nollet@amc.uva.nl  
Koopman: +31 20 566 8250  
+31 20 566 9154 fax  
s.koopman@amc.uva.nl  
Brehm: m.a.brehm@amc.uva.nl

### POLAND

**Mossakowski Medical  
Research Center  
Polish Academy of Sciences**  
Ewa Matyja, MD, PhD  
Dept of Neuropathology  
5 Pawinskiego  
02-106 Warsaw  
+48 22 668 5520  
+48 22 668 5532  
matyja@cmdik.pan.pl  
Milena Laure-Kamionowska, MD  
milnak@cmdok.pan.pl  
www.cmdik.pan.pl.

### SWEDEN

**Skåne University Hospital**  
Jan Lexell, MD, PhD,  
Professor, Medical Director  
Dept of Rehabilitation Medicine  
SE-205 02 Malmö  
+46 040 33 10 00  
+46 413 55 67 09 fax  
jan.lexell@skane.se  
www.skaneuniversityhospital.se

#### Karolinska Institutet ▲ ●

Prof. Kristian Borg, MD, PhD  
Dept of Rehabilitation Medicine  
Danderyd University Hospital  
Bldg 39  
S-182 88 Stockholm Danderyd  
+46 8 6555255  
kristian.borg@ki.se  
*Medical speciality of director:*  
*Neurology and Rehabilitation  
Medicine*

#### Sahlgrenska University Hospital ▲ ●

Katharina Stibrant Sunnerhagen,  
MD, PhD  
Rehabilitation Medicine  
SE-41345 Göteborg  
+46 31 3422803  
+46 31 415433 fax  
*Clinic established 1994*  
*Initial evaluation: >2 hours*  
*Medical speciality of director:*  
*Neurology*

### TURKEY

**Sisli Etfal Hospital**  
Jülide Öncü, MD  
Physical Medicine & Rehabilitation  
34377 ŞİŞLİ  
Istanbul  
+90 212 373 50 00  
+90 212 224 07 72

**Ege University**  
Arzu Yagiz On, MD  
Medical Faculty  
Physical Medicine & Rehabilitation  
Kampüsü 35040  
Bornova – Izmir  
arzu.on@ege.edu.tr

### UNITED KINGDOM

**Respiratory Support &  
Sleep Centre ▲**  
J.M. Shneerson, MA, DM, FRCP,  
FCCP  
Consultant Physician  
Papworth Hospital/  
Papworth Everard  
Cambridge, England CB23 3RE  
+44 1480 830541  
+44 1480 364558 fax  
john.shneerson@papworth.nhs.uk  
*Clinic established 1981*

#### The Walton Centre for Neurology and Neurosurgery

Ian Pomeroy, PhD  
Neurologist  
Lower Lane, Fazakerley  
Liverpool L9 7LJ  
+44 151 525 3611  
+44 151 529 5500  
ian.pomeroy@  
thewaltoncentre.nhs.uk  
Charlotte Lucy Taylor  
Honorary Research Assistant  
charlotte.taylor@  
thewaltoncentre.nhs.uk  
Samantha M. Wong  
Assistant Psychologist  
sammie88@gmail.com

**Lane-Fox Respiratory  
Saint Thomas' Hospital**  
Craig Davidson, MA, MD, FRCP  
PPS Rehabilitation Programme  
Guys & St Thomas'  
Foundation Trust  
Lambeth Palace Rd  
London, England SE1 7EH  
+44 207 188 3447  
+44 207 188 3449 fax  
craig.davidson@gstt.nhs.uk

## United States

*Listing is arranged in alphabetical order, first by state, then by city.*

### ALABAMA

#### **Wanda Merrill HealthSouth Lakeshore** ●

Post-Polio Clinic  
Jack D. Denver, MD  
HealthSouth Lakeshore  
Rehab Hospital  
3800 Ridgeway Dr Magnolia Hall  
Birmingham, AL 35209  
205-868-2096  
205-868-2189 appts  
205-868-2097 fax

### CALIFORNIA

#### **Rancho Los Amigos National Rehabilitation Center** ■ ●

Post-Polio Service  
Sophia Chun, MD, Chief  
Jacquelin Perry, MD, DSC (HON)  
Medical Consultant,  
7601 E Imperial Highway  
Downey, CA 90242  
562-401-6260, 562-401-6247 fax

#### **Casa Colina Centers for Rehabilitation**

Richard Shubin, MD, Neurology  
Kathy SanMartino, PT, NCS,  
ATP, CLT  
255 E Bonita Ave  
PO Box 6001  
Pomona, CA 91769-6001  
909-596-7733, 909-392-9152 fax  
or 909-450-0391 fax  
ksanmartino@casacolina.org  
*Clinic established 2009*  
*Initial evaluation: 1-2 hours*  
*Medical specialty of director:*  
*Neurology*  
*Clinic coordinator: PT*

#### **University of California-Davis Medical Center** ●

Carol B. Vandenakker, MD  
4860 Y St Ste 1700  
Sacramento, CA 95817  
916-734-7041, 916-734-6695 fax  
carol.vandenakker-  
albanese@ucdmc.ucdavis.edu  
*Clinic established 2002.*  
*Initial visit: <2 hours*  
*Medical specialty of director:*  
*Physical Medicine &*  
*Rehabilitation*  
*Clinic coordinator: RN*

#### **Kaiser Foundation Rehabilitation Center & Hospital** ▲ ●

Mary Elizabeth Sandel, MD  
975 Sereno Dr  
Vallejo, CA 95689  
707-651-1044, 707-651-2315 fax  
707-651-1044 clinic  
707-651-3936 office  
*Initial evaluation: <2 hrs*  
*Medical specialty of director:*  
*Physical Medicine &*  
*Rehabilitation*

### COLORADO

#### **St. Anthony's Family Medical Center** ■

Marny K. Eulberg, MD  
8510 N Bryant St #200  
Westminster, CO 80031  
720-321-8180  
MarnyEulberg@centura.org  
*Clinic established 1985*

### DISTRICT OF COLUMBIA

#### **National Rehabilitation Hospital** ■

Post-Polio Program  
Lauro S. Halstead, MD  
102 Irving St NW  
Washington, DC 20010-2949  
202-877-1661, 202-722-0019 fax  
Lauro.S.Halstead@Medstar.net  
*Clinic established 1986*  
*Initial visit: Typically 1.5 days*

## FLORIDA

#### **Halifax Medical Center/ Neuroscience Center** ■

Carolyn Geis, MD  
201 N Clyde Morris Blvd Ste 300  
Daytona Beach, FL 32114-2732  
386-947-4641, 386-947-4647 fax  
carolyn.geis@halifax.org  
*Medical specialty of director:*  
*Physical Medicine &*  
*Rehabilitation*

#### **University of Miami Miller School of Medicine** ■

Post-Polio Treatment, Education  
and Research Center  
Khema Sharma, MD  
Associate Professor of Neurology  
Dept of Neurology  
1120 NW 14 Street, 1317  
Miami, FL 33136  
305-243-7400, 305-243-1249 fax  
ksharma@med.miami.edu

Tamar S. Ference, MD  
Assistant Professor  
Dept of Rehabilitation Medicine  
1120 NW 14 Street, 952  
PO Box 0169060 (C-206)  
Miami, FL 33136  
305-243-4569  
305-243-6605 appts  
305-243-4650 fax  
tference@med.miami.edu

#### **Southeastern Rehabilitation Medicine**

Post-Polio Evaluation Team  
of North Central Florida  
Amy E. Clunn, MD  
Diana Kornetti, MA, PT  
3305 SW 34th Cir Ste 101  
Ocala, FL 34474  
352-732-3110  
352-373-4321 appts  
866-346-8677 toll-free

## Post-Polio Clinics

continued

### GEORGIA

#### Palmyra Post-Polio Clinic ■

Paul E. Peach, MD  
810 13th Ave Ste 105  
Albany, GA 31701-1333  
229-446-8960  
800-443-4476 appts  
229-439-8861 fax  
PaulPeachMD@aol.com  
*Medical specialty of director:*  
*Physical Medicine &  
Rehabilitation*

#### The Shepherd Center

Post-Polio Outpatient Clinic  
Donald Leslie, MD  
2020 Peachtree Rd NW  
Atlanta, GA 30309  
404-350-7355  
www.shepherd.org

#### Emory University School of Medicine ●

Dale C. Strasser, MD  
Associate Professor  
Center for Rehabilitation Medicine  
1441 Clifton Rd NE Ste 118  
Atlanta, GA 30322  
404-712-3837  
404-778-5770 appts  
404-712-5668 fax  
Dale.Strasser@  
emoryhealthcare.org  
www.rehabmed.emory.edu

#### Roosevelt Warm Springs Institute for Rehabilitation ■

Kathryn A. Hoffman, MD  
Polio Clinic Medical Director  
6135 Roosevelt Highway  
Warm Springs, GA 31830  
706-655-5251, 706-655-5432 fax  
Kathryn.hoffman@dol.state.ga.us  
www.rooseveltrehab.org  
*Initial evaluation:* >1 day  
*Medical specialty of director:*  
*Physical Medicine &  
Rehabilitation*  
*Clinic coordinator:* RN

### MASSACHUSETTS

#### International Rehabilitation Center for Polio (IRCP) at Spaulding-Framingham ■

Darren Rosenberg, DO  
Medical Director  
Stephanie T. Machell, PsyD,  
Rehabilitation Psychology  
Spaulding-Framingham  
Outpatient Center  
570 Worcester Rd  
Framingham, MA 01702  
508-532-4259  
emckenney@partners.org  
www.spauldingrehab.org/  
ourlocations/framingham/  
ircp

*Clinic established 1995*  
*Initial evaluation:* > 3 hrs,  
*varies by need*  
*Medical specialty of director:*  
*Physical Medicine &  
Rehabilitation*  
*Clinic coordinator:* Clerical

### MICHIGAN

#### University of Michigan Health Systems ●

Ann T. Laidlaw, MD  
Clinical Lecturer, Physical  
Medicine & Rehabilitation  
325 E Eisenhower Ste 100  
Ann Arbor, MI 48103  
734-936-7215, 734-615-6713 fax  
alaidlaw@umich.edu  
*Clinic established 1984*

#### Center for PM&R, PC ▲ ●

Daniel M. Ryan, MD  
13850 E 12 Mile Rd Ste 2B  
Warren, MI 48088-3730  
586-778-4505, 586-552-4878 fax  
*Clinic established 2001*  
*Medical specialty of director:*  
*Physical Medicine &  
Rehabilitation*

### MINNESOTA

#### Gillette Children's Specialty Healthcare ■

Jill Gettings, MD  
Peter Karachunski, MD  
435 Phalen Blvd  
Saint Paul, MN 55130-5302  
651-636-9443, 651-628-4484 fax  
jgettings@gillettechildrens.com  
www.Gillettechildrens.org  
*A multidisciplinary provider of  
specialty services for  
adolescents and adults with  
childhood-onset conditions.*

### MISSOURI

#### Center for Advanced Medicine ●

Martin B. Wice, MD  
Neuroscience Center  
4921 Parkview Place Ste 6C  
Saint Louis, MO 63110  
314-362-4503 appts  
*Medical specialty of director:*  
*Physical Medicine &  
Rehabilitation*

### NEW HAMPSHIRE

#### Granite Physiatry, PLLC ▲ ●

Stuart J. Glassman, MD,  
FAAPMR  
60 Commercial St Ste 303  
Concord, NH 03301  
603-223-8145, 603-223-8146 fax  
www.granitephysiatry.com  
*Medical specialty of director:*  
*Physical Medicine &  
Rehabilitation*  
*Clinic coordinator:* PT

### NEW YORK

#### Post-Polio Syndrome Research and Treatment Center ■

Burk Jubelt, MD  
University Health Care Center  
4th Floor, 90 Presidential Plaza  
Syracuse, NY 13202  
315-464-4243  
Jubelt@upstate.edu  
*Clinic established 1989*  
*Medical specialty of director:*  
*Neurology*

## NORTH CAROLINA

### **Carolinas Rehabilitation**

William L. Bockenek, MD  
1100 Blythe Blvd  
Charlotte, NC 28203  
704-355-9330, 704-355-0709 fax  
*Medical specialty of director:*  
*Physical Medicine &  
Rehabilitation*

## OHIO

### **Cleveland Clinic Foundation ●**

Robert W. Shields, Jr., MD  
9500 Euclid Ave Ste S90  
Cleveland, OH 44195  
216-444-0855, 216-445-4653 fax  
*Initial evaluation: 1 hour*  
*Medical specialty of director:*  
*Neurology*  
*Clinic coordinator: Clerical*

## PENNSYLVANIA

### **Conemaugh Health System ■**

William M. DeMayo, MD  
1450 Scalp Ave Ste 003A  
Johnstown, PA 15904  
814-269-5061, 814-269-5060 fax  
drapsky@conemaugh.org  
www.conemaugh.org  
*Clinic established 2002*  
*Initial evaluation: >4 hrs*  
*Medical specialty of director:*  
*Physical Medicine &  
Rehabilitation*  
*Clinic coordinator: RN*

### **HealthSouth Rehab Hospital- Reading ■**

Patti J. Brown, MD  
1623 Morgantown Rd  
Reading, PA 19607-9455  
610-796-6354, 610-796-6470 fax  
*Medical specialty of director:*  
*Physical Medicine &  
Rehabilitation*

## SOUTH CAROLINA

### **Coastal Post-Polio Clinic**

Kerri A. Kolehma, MS, MD  
3185 Azalea Dr  
Charleston, SC 29405  
843-762-2274, 843-762-2278 fax  
*Medical specialty of director:*  
*Physical Medicine &  
Rehabilitation*

## TEXAS

### **The Institute for Rehabilitation & Research (TIRR ▲ ■)**

Carlos Vallbona, MD  
Baylor College of Medicine  
Family Community and Medicine  
3701 Kirby Dr Ste 600  
Houston, TX 77098-3926  
713-798-4906  
713-797-5929 appts  
713-798-3644 fax  
vallbona@bcm.edu  
*Clinic established 1985*  
*Initial evaluation: >2 hours*  
*Medical specialty of director:*  
*Physical Medicine &  
Rehabilitation  
and Pediatrics*

## WASHINGTON

### **University of Washington**

**Medical Center ●**  
Thomas McNalley, MD  
Rehabilitation Medicine  
Box 356490  
1959 NE Pacific St BB919  
Seattle, WA 98195-6490  
206-543-3600, 206-685-3244 fax  
*Clinic established 1982*  
*Initial evaluation: 2 hours,  
followed as needed*  
*Medical specialty of director:*  
*Physical Medicine &  
Rehabilitation*  
*Clinic coordinator: RN*

# Health Professionals

## Medical Specialties

**Physical Medicine and Rehabilitation (Physiatry)** specializes in a branch of medicine which, in addition to the broad practice of medicine, uses physical agents such as heat, light, water, electricity, therapeutic exercise and mechanical agents in the prevention, diagnosis, treatment and rehabilitation of neuro-musculoskeletal, cardiovascular, pulmonary and other disorders which produce temporary or permanent disability. Physicians specializing in the field are called physiatrists (not to be confused with psychiatrists). The specialty is referred to as physiatry and pronounced “fizz-eye-a-tree.”

**Neurology** specializes in the diagnosis and treatment of organic diseases and disorders of the nervous systems.

**Orthopedics** specializes in the treatment of diseases of deformities of the spine, bones, joints, muscles or other parts of the skeletal system, through the use of medical, surgical and physical therapy procedures.

**Orthotics** specializes in making and fitting orthopedic braces to support or correct weakened body parts.

**Psychiatry** specializes in the diagnosis, treatment and prevention of mental and emotional disorders.

**Pulmonology** specializes in the treatment of breathing related disorders.

**Physical Therapy** is responsible for evaluation of physical capacities and limitations and for administering treatment designed to alleviate pain, minimize deformity, increase strength and mobility, and improve general health.

**Occupational Therapy** has the primary purpose of assisting individuals to achieve or maintain their capacities to function in daily living activities at a level which allows as much independence as possible.

## Key to Abbreviations

<b>MD</b>	Doctor of Medicine
<b>DO</b>	Doctor of Osteopathy
<b>PhD</b>	Doctor of Philosophy
<b>PT</b>	Physical Therapist
<b>RN</b>	Registered Nurse
<b>MSW</b>	Masters, Social Work
<b>(L)CSW</b>	Licensed Clinical Social Work
<b>(R)RT</b>	(Registered) Respiratory Therapist
<b>OT(R)</b>	Occupational Therapist (Registered)
<b>C(P)O</b>	Certified (Prosthetist &) Orthotist (Bracemaker)
<b>SLP</b>	Speech and Language Pathologist
<b>LAC</b>	Acupuncturist

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www.postpolioinfo.com

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bachjr@umdnj.edu  
www.DoctorBach.com  
www.theuniversityhospital.com/  
ventilation/

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jcooper@stpetershealthcare.org  
*Available for email consultations  
re: PPS*

**Jonathan Breux, CO, CPED**  
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607-734-7215, 607-734-7750 fax  
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Dept of Med Pulmonary/  
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1111 Amsterdam Ave Plant 5  
Rm 2501  
New York, NY 10025  
212-636-1369,  
212-523-4477 clinic  
212-523-2812 fax  
nbraun@chpnet.org

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St. Luke's-Roosevelt Hospital  
Rehabilitation Medicine 6th Floor  
New York, NY 10025  
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New York, NY 10011  
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www.maurapurpora.com

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North Shore Orthotics-  
Prosthetics Ltd.  
591 Bicycle Path Ste D  
Port Jefferson Station, NY 11776  
631-928-3040, 631-474-8020 fax  
nsopoffice@optonline.net  
www.nsop.com

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50 Gayoso Ave #407  
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# Support Groups

*Listings include support groups, with their usual meeting schedules, and resource persons.*

Excerpt from PHI's *Handbook on the Late Effects of Poliomyelitis for Physicians and Survivors* (1999)

**The goal of a support group is to empower its Members with the tools necessary to make adjustments needed to continue a life of dignity and independence.** Contrary to the image sometimes portrayed in the popular media, healthy support groups are not “pity-parties” and do not promote the idea that “misery loves company.”

During the original illness, many polio survivors were hospitalized for extended periods of time and established an esprit de corps. After successful rehabilitation, the same survivors lived active, integrated lives. Many of today's successful support groups have rekindled this sense of belonging to a unique group. Also contributing their perspective to support groups, however with some hesitation or even resistance, are individuals who never were a part of a group based on having polio or a disability.

## **Support group(s):**

- ◆ Share a common health concern.
- ◆ Govern themselves and their agenda with success dependent on each member's feelings of ownership.
- ◆ May use professionals as resource persons but not as leaders.
- ◆ Provide non-judgmental emotional support.
- ◆ Gather and share accurate and specialized information.
- ◆ Have membership which is fluid; newcomers are helped by veterans and become veterans who may outgrow the need for a group.
- ◆ Have a cause and actively promote that cause. Increase public awareness and knowledge by sharing their unique and relevant information.
- ◆ Charge small or no dues for involvement and typically struggle to survive (Laurie & Headley, 1988).

**Support groups provide a forum for people to learn from each other** about how to enhance the quality of their lives (Koop, 1992). Historically, support groups related to a common health condition developed to help people resolve problems with bureaucracies. For this reason, groups are encouraged to operate with minimal structures and rules. Spending excessive time on organizational details detracts from the primary goals of providing personal support and advocating for systems' change.

**Successful support groups promote “personal empowerment to overcome personal adversity”** (Koop, 1992) by encouraging members to become active, assertive managers of their health care, challenging attitudes of helplessness, hopelessness and victimization. Successful groups create a confidential environment for people to share their feelings safely. Healthy groups balance a time for “me,” a time for “us” and time for “you” (Koop, 1992).

## **Communication is vital in a support group.**

Members should be encouraged to own their ideas and reactions by using “I” statements, such as “I think ... I feel ... I suggest ... .” Participants should avoid speaking for the group without consultation, generalizing by stating, “all polio survivors ...” or telling others what to do, such as “you should ... .”

**Equally important is listening to whoever is speaking by not interrupting or engaging in cross-talk** (Ziegler, 1996). Sometimes distressed members digress on tangents and tell detailed stories rather than staying focused on the topic.

To minimize these situations, groups should develop ground rules for the meeting time and recognize the limits of the group's role by encouraging persons who experience continuous or intense distress to seek professional assistance.

**Effective leadership is also vital.** Many groups function successfully with co-leaders or a committed core team.

**Effective leaders:**

- ◆ Acknowledge members' ideas and seek suggestions and feedback.
- ◆ Consult with the group about major decisions and respect the group's consensus.
- ◆ Request assistance from members.
- ◆ Refer to the group as "our" not "my."
- ◆ Maintain an atmosphere of respect and order.
- ◆ Arrange for reputable, skilled speakers to present topics of interest.
- ◆ Obtain and offer names of ethical, knowledgeable professionals and service providers.
- ◆ Model self-acceptance and responsibility for their own health and well-being.
- ◆ Ensure that individuals who want to speak have an opportunity.
- ◆ Respond to the expression of emotion, tension and conflict openly and with sympathy.

- ◆ Offer feedback, but avoid authoritative directives by using "I suggest ..." statements, and intervene competently when appropriate.

Survivors join a support group for different reasons, voluntarily attend events and leave the group when they choose.

**Post-Polio Health International has many resources available at [www.post-polio.org/net/supgrps.html](http://www.post-polio.org/net/supgrps.html).**

**Check out the "Leadership" Series previously distributed to Association Members.**

Nancy Baldwin Carter and Joan L. Headley are co-authors of the chapter "Support Groups: Keeping Them Active and Useful" in Lauro Halstead, MD's book *Managing Post-Polio Syndrome*. The book is available online at [www.nrhrehab.org](http://www.nrhrehab.org)

## Support Groups

### International

*Listing is arranged in alphabetical order, first by country, then by province or state, then by city*

#### AUSTRALIA

**Post-Polio Network (NSW) Inc.**

Gillian Thomas  
PO Box 888  
Kensington, New South Wales  
1465 (Floreat area)  
+61 2 9663 2402  
[gillian@post-polionetwork.org.au](mailto:gillian@post-polionetwork.org.au)  
[www.post-polionetwork.org.au](http://www.post-polionetwork.org.au)  
*Saturday PM, quarterly seminars  
regional support groups*

**Post-Polio Network -  
Tasmania, Inc.**

Arthur L. Dobson,  
Honorary Secretary  
PO Box 84  
Legana Tasmania 7277  
+61 3 63302961  
+61 3 63302901 fax  
[polio.tas@hotmail.net.au](mailto:polio.tas@hotmail.net.au)  
[www.hotkey.net.au/polio.tas](http://www.hotkey.net.au/polio.tas)

**Polio Australia Incorporated**

PO Box 500  
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Kew, Victoria 3101  
+61 3 9016 7678  
[mary-ann@polioaustralia.org.au](mailto:mary-ann@polioaustralia.org.au)  
[office@polioaustralia.org/au](http://office@polioaustralia.org/au)

**Polio Network Victoria**

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208 Wellington St  
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+61 3 1300 704 456  
+61 3 1300 704 451 fax  
[polio@independenceaustralia.com](mailto:polio@independenceaustralia.com)  
[info@independenceaustralia.com](mailto:info@independenceaustralia.com)  
[www.polionetworkvic.asn.au](http://www.polionetworkvic.asn.au)  
*Resource only, oversees 20  
support groups in Victoria  
including Mornington Peninsula  
Post-Polio Support Group*

## Support Groups

continued

### Post-Polio Network of Western Australia

Tessa Jupp, RN  
PO Box 257  
Subiaco, Western Australia  
(Floreat area)  
+61 8 9383 9050  
+61 8 9383 9075 fax  
poliowa@upnaway.com.au  
www.upnaway.com.au/poliowa  
*Quarterly meetings, phone  
consultations with RN*

## BELGIUM

### European Polio Union

Walvisstraat 32, B 2018  
Antwerp  
www.europeanpolio.eu

### PostPolio België

Johan Bijttebier  
Nachttegaalstraat 47  
2060 Antwerpen  
+32 3 288 7794  
+32 3 226 2315 fax  
johan.bijttebier@telenet.be  
www.postpolio.be  
*Quarterly meetings*

### Association Francophone Polio & Post-polio (AFPPP)

Chaussée de Liège 477  
5100 Jambes  
04/252 81 87, 081/58 86 19 fax  
secretaire@afppp.be  
www.afppp.be

## BRAZIL

### Associação Brasileira de Síndrome Pós-Pólio (ABRASPP)

Adauto Ferreira Campos  
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377-CEP 04039 031  
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Sao Paulo/SP  
+55 11 2992 8912  
+55 11 6965 5861  
abraspp@abraspp.org.br  
www.abraspp.org.br

## CAMEROON

### Georges Valentin Nkeme

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www.handicapespoirafrica.org

## CANADA

### OMOD/Oshawa-Durham Post-Polio Chapter

Jeannette Birkbeck  
905-697-3648  
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### Southern Alberta Post-Polio Support Society

Remy de Jong  
# 7-11 St NE  
Calgary, Alberta T2E 4Z2  
403-813-9583  
remy@sappss.com  
www.polioalberta.ca

### Southern Alberta Post-Polio Support Society - Lethbridge

Lethbridge, Alberta  
403-329-9453  
lethbridge@sappss.com  
www.sappss.com  
*First Saturday PM, Feb, Apr,  
June, Aug (annual reunion),  
Oct, Dec (AGM)*

### Wildrose Polio Support Society

Glyn Smith  
132 Warwick Road  
Edmonton, Alberta T5X 4P8  
780-428-8842, 780-481-0344  
780-475-7968 fax  
wps@polioalberta.ca  
www.polioalberta.ca/wildrose/  
wps.htm  
*Second Saturday, Sept-May*

### PPASS British Columbia, VP Mainland

David Holland  
20152 - 37th Ave  
Langley, BC V3A 7K5  
640-530-5739  
dholland@ppassbc.com  
www.ppassbc.com

### Post-Polio Awareness & Support Society of British Columbia (PPASS BC)

Joan Toone  
102 - 9775 Fourth St  
Sidney, British Columbia V8L 5X8  
250-655-8849, 250-655-8859 fax  
ppass@ppassbc.com  
www.ppassbc.com  
*Second Wednesday PM  
(board meeting)*

### Post-Polio Network (Manitoba) Inc

Charlene Craig  
c/o SMD Self-Help Clearinghouse  
204-825 Sherbrook St  
Winnipeg, Manitoba R3A 1M5  
204-975-3037, 204-975-3027 fax  
postpolionetwork@shaw.ca  
www.postpolionetwork.ca  
*Tuesday early PM, Mar, Apr,  
June, Sept, Oct*

### Polio New Brunswick

268 Montreal Ave  
St. John, New Brunswick  
E2M 3K6  
Peter Hefferman  
506-635-8932  
peterhef@nbnet.nb.ca

### Polio Northern New Brunswick

Claudia LeBlanc  
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### Polio Nova Scotia

Faye Joudrey  
c/o Abilities Foundation  
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3670 Kempt Rd  
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*May and Sept*

### OMOD/Northumberland Chapter

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**OMOD/Barrie Post-Polio Chapter**

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Barrie, Ontario L4N 1C6  
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**OMOD/Hamilton-Brant Post-Polio Chapter**

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50 King St. E. 3rd Floor  
Hamilton-Brant, Ontario L8N 1A6  
905-528-9432, 905.528.6585 fax  
nlee@marchofdimes.ca  
www.marchofdimes.ca

**OMOD/London & Area Post-Polio Chapter**

Heather MacAdam  
London, Ontario  
519-764-2481  
heather.mac@sympatico.ca  
*Third Saturday, Feb, Apr, June,  
Aug, Oct, Dec*

**OMOD/Peterborough Post-Polio Chapter**

Anne Marie Bovair  
Peterborough, Ontario  
705-748-6625  
*Once yearly, June or October*

**OMOD/Thunder Bay Post-Polio Chapter**

Sandy Rutherford  
Thunder Bay, Ontario  
rutherfordsm@hotmail.com

**OMOD/Toronto/Peel & York Post-Polio Chapter**

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416-284-7248  
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**Polio Canada**

*A Division of March of Dimes Canada*  
Sue Jones  
10 Overlea Blvd Ste 209  
Toronto, Ontario M4H 1A4  
416-425-3463, 416-425-1920 fax  
SJones@marchofdimes.ca  
www.poliocanada.ca

**Polio PEI**

Stephen Pate  
47 Westwood Crescent  
Charlottetown, Prince Edward  
Island C1A 8X4  
902-566-4518  
stephen\_pate@hotmail.com

**Association Polio Quebec**

Gilles Besner  
3500 Decarie Ste 263  
Montreal, Quebec H4A 3J5  
514-489-1143, 514-489-7678 fax  
877-765-4672 tollfree  
outside Montreal  
association@polioquebec.org  
www.polioquebec.org  
*Spring meeting (Montreal)*

**Polio Regina Inc.**

Carole Tiefenbach  
825 McDonald St  
Regina, Saskatchewan S4N 2X5  
306-761-1020  
twif\_ecarole@hotmail.com  
http://nonprofits.accesscomm.ca/  
polio  
*Last Thursday PM, Jan-May,  
Sept-Dec*

**Saskatchewan Awareness of Post-Polio**

Ron Johnson  
2310 Louise Ave  
Saskatoon, Saskatchewan  
S7J 2C7  
306-477-7002, 306-373-2665  
sapp1@sk.sympatico.ca  
www.geocities.com/sapponline

**CUBA**

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meeting in Sept*

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www.standproud.org

**DENMARK**

**PTU (Landsforeningen af Polio-, Trafik- og Ulykkeskadede)**

Fjeldhammervej 8  
2610 Rødovre  
36 73 90 00  
www.ptu.dk

**FINLAND**

**Suomen Polioliitto Ry**

Luotsikatu 6 E 28  
00160 Helsinki  
(90) 686 0990  
www.polioliitto.com

## Support Groups

continued

### FRANCE

#### **Groupe de Liaison et d'Information Post-Polio (GLIP)**

31, bis rue de la Barre  
59147 Gondcourt  
+33 3.20.32.55.95  
asso.postpolio@laposte.net  
www.post-polio.asso.fr

#### **Service de Médecine Physique et de Réadaptation**

GH Lariboisière-F. Widal  
200 Rue du Fbg St Denis  
75010 Paris  
+33 1 40 05 42 05  
+33 1 40 05 48 51 fax  
alain.yelnik@irb.aphp.fr

### GERMANY

Juliana Stolle  
Kaninchenbergweg 63  
23564 Lübeck  
+49 541 601361  
julianastolle@aol.com  
*Resource only*

#### **Polio Initiative Europa e.V.**

Deutsch – Europäische  
Arbeitsgemeinschaft  
Bad Stebener Str. 8  
95138 Bad Steben-Thierbach  
+49 9288 363  
+49 9288 925 500 fax  
www.polio-initiative-europa.de

#### **Eika Aachen e.V.**

Stettiner Strasse 25  
D-52078 Aachen  
post@polio-forum.de  
www.polio-forum.de

#### **Polio Selbsthilfe.e.V.**

Karola Rengis  
Auf den Hüchten 15  
33647 Bielefeld  
+49 5 21 / 40 35 35  
+49 5 21 / 1 36 29 93 fax  
bundesverband@  
polio-selbsthilfe.net  
www.polio-selbsthilfe.net

#### **Bundesverband Polio e.V.**

*Organisation consists of  
10 federal state organisations,  
73 regional groups and  
42 contact addresses.*  
Freiberger Strasse 33  
Thermalbad Wiesenbad,  
Sachsen 09488  
+49 3733 504 1187  
+49 3733 504 1188 fax  
bundesverband@polio.sh  
www.polio.sh  
*First Monday PM; 50 regional  
self-support.*

### IRELAND

#### **Post-Polio Support Group of Ireland**

Unit 319, Capel Building  
Mary's Abbey  
Dublin 7  
+353 1 889-8920  
www.ppsg.ie

#### **Post-Polio Support Group (Chair)**

www.ppsg.ie

#### **European Polio Union (President)**

www.europeanpolio.eu  
John R. McFarlane  
Ballyhue, Mount Lucas  
Daingean  
Tullamore, Co. Offaly, OF11 0BL  
Republic of Ireland  
+353 57 935-3552  
+353 87 202-9830 (cell)

### ISRAEL

#### **The Polio Handicap Association in Israel**

Jacob Surany  
PO Box 8186  
Ramat Gan 52181  
+972 35755660  
+972 507754415 cell  
+972 35757770 fax  
j-t-s@bezeqint.net

### ITALY

#### **Associazione Nazionale Polio e Sindrome Postpolio**

Louise Read, Deputy President  
via della Lungara 3  
00165 Roma  
+39 065895895 (tel & fax)  
polio@edizionisocrates.com  
www.postpolio.it  
+39 3395773796 cell

#### **Self-help and Support Group Associazione Nazionale Polio e Sindrome Post-polio**

Aurelio Sugliani  
Via Einstein 4  
20059 Vimercate Milano  
+39 6 851380 cell  
+39 3397484492 fax  
hermes@postpolio.it  
www.postpolio.it

#### **Associazione Interregionale Disabili Motori**

Ospedale – Via Gardesana  
57 – 37018 Malcesine  
Verona  
+39 045 6584293  
www.aidmonlus.it

### JAPAN

#### **Japanese Network of Polio Survivors**

Masakuni Mukoyama, MD  
3 Kuromoncho, Higashiku  
Nagoya, Japan 461-0035  
+81 52-932-1854 (tel & fax)  
mukoyama@sc.starcat.ne.jp

#### **The Polio Association Japan**

Mariko Koyama  
1-6-5-602 Minowa  
Taito-ku, Tokyo 110-0011  
+81 3 3872 7359 (tel & fax)  
koyama@mrg.biglobe.ne.jp  
http://www5b.biglobe.ne.jp/polio  
*Three regular meetings per year*

## KOREA

### Korea Polio Association

Jeongnip Center for Rehabilitation  
ykrpt@hanmail.net  
www.jeongnip.or.kr

## MEXICO

### Post-Polio Litaff AC Association

E. Liliana Marasco Garrido  
Iztaccihuatl 53-303  
Col. Hipodromo Condesa  
CP06100 Mexico City  
+52 55-55-74-29-26 (tel & fax)  
litaffac@prodigy.net.mx  
www.postpoliolitaff.org  
www.mexicopostpolio.com

### Organización Mexicana Para el Conocimiento de los Efectos Tardiós de la Polio, AC (OMCETPAC)

Sergio Augusto Vistrain Diaz  
Lago Ontario No. 3-G,  
Col. Tacuba  
Mexico City, DF  
+52 55-55-27-63-89 (tel & fax)  
savistrain@postpoliomexico.org  
www.postpoliomexico.org  
*Resource only*

## NETHERLANDS

### Postpolio Support Group of the Dutch Association for Neuromuscular Diseases (VSN)

Lt. Gen. van Heutzlaan 6  
3743 JN Baarn  
+31 35 5480480  
+31 30 5480499 fax  
vsn@vsn.nl, www.vsn.nl  
*Annual meeting*

## NEW ZEALAND

### Post Polio Support Society of New Zealand Inc

PO Box 260  
Mosgiel 9053  
0800 4 POLIO  
+64 34891995 fax  
info@postpolio.org.nz  
www.postpolio.org.nz  
*23 branches nationwide*

### Auckland Post Polio Support Group

Doreen Chandler, QSO  
36 Eastern Beach Rd  
Bucklands Beach, 2012  
+64 9 534-6151  
+64 9 537-3104 fax  
auckpostpolio@clear.net.nz  
*Mar, June, Sept (AGM), Dec*

## NIGERIA

### Ayuba Gufwan Wheelchairs for Nigeria

#17 JCMi Drive  
Kattan Rikos  
by Jos North LGC Housing Layout  
off Liberty Dam Road  
Jos, Plateau State  
+234 8035 985123  
ayubagufwan@yahoo.com  
<http://wheelchairsfornigeria.org>

## NORWAY

### Norwegian Polio Association (LFPS)

LFPS, Postboks 92  
Grønland, 0134, Oslo  
hamar@uten.net  
www.polionorway.no

## SCOTLAND

### Scottish Post-Polio Network

8 Orchard Grove  
Leven KY8 5XB  
0131 447 3486  
chairperson@spnn.org.uk  
www.spnn.org.uk

## SIERRA LEONE

### Sylvanus Bandu Polio Challenge Association

113 Fourah Bay Road  
Freetown  
077-593742  
immaculaterkoroma@yahoo.com

## SLOVENIA

### Paras, Društvo Paralitikov Slovenije

Cesta 24. junija 23  
1231 Ljubljana  
(01) 563-34-68  
(01) 561-27-10 fax  
info@drustvo-paralitikov.si  
www.drustvo-paralitikov.si

## SOUTH AFRICA

Astrid Gorvett  
274 Amberglen Private Bag X004  
Howick 3200  
Kwa-Zulu Natal  
+27 033-239-4474  
gorvett@vodamail.co.za  
*Resource only*

### Post-Polio Network RSA

Ron Steynberg  
10 Scottburgh Ct  
154 Scott St  
Scottburgh  
4180  
Kwa Zulu-Natal  
+27 39 976 2155  
+27 86 954 7817 mobile  
+27 86 219 8216 fax  
www.postpolio.co.za

## Support Groups

continued

### SOUTH KOREA

#### Korea Polio Association

Jeongnip Center for Rehabilitation  
16-3 Guei-2dong  
Gwangjin-gu  
Seoul  
+82 2-446-1237, +82 2-454-2144  
ykrpt@hanmail.net  
changnip@or.kr  
www.jeongnip.or.kr

### SPAIN

#### Asociación Afectados de Polio y Síndrome Postpolio

Lola Corrales, Presidenta  
C/Luis de Hoyos Sainz 18  
28030 Madrid  
+34 686 000 171  
informacion@postpolioinfor.org  
www.postpolioinfor.org

#### Associats de Polio i Postpolio de Catalunya (APPCAT)

Juli Sellés Linares, President  
Av. De Preixana n° 80  
Bellpuig, Lleida 25250  
www.appcat.org

#### Poliocyl, es la asociacion des los afectados de polio y syndrome de postpolio de castilla y León

poliocyl@gmail.com  
http://poliocyl.blogspot.com

### SWEDEN

#### Riksförbundet för Trafik-, Olycksfalls – och Polioskadade (RT)

Vintergatan 2  
172 69 Sundbyberg  
08-629 27 80, 08-28 15 60 fax  
info@prp.se, www.rtp.se

### SWITZERLAND

#### Schweiz. Interessenge- meinschaft für Poliomyelitisopfer

c/o Ass des Paralytiques  
3 Rue de Locarno  
Box 9  
CH - 1701 Fribourg  
+41 01141(USA) 26 322 94 33  
+41 01141(USA)  
26 323 27 00 fax  
aspr.admin@bluewin.ch  
www.polio.ch, http://aspr-svg.ch

### THAILAND

#### Foundation to Encourage the Potential of Disabled Persons

158/11 Moo 6  
Chaing Mai View Mai  
Tambol Mae Kue  
Amphur Muang  
Chiang Mai 50220  
assist@loxinfo.co.th  
www.assistdisabled.org

### UNITED KINGDOM

#### Polio Survivors Network

PO Box 954  
Lincoln, Lincolnshire,  
England LN5 5ER  
+44 1522 888601  
+44 870 1600840 fax  
info@poliosurvivorsnetwork.org.uk  
www.poliosurvivorsnetwork.org.uk  
*AGM and periodically PM*

#### British Polio Fellowship

Support Services Manager  
Eagle Office Centre, The Runway  
South Ruislip HA4 6SE England  
+44 800 0180586  
+44 20 8842 0555 fax  
info@britishpolio.org.uk  
www.britishpolio.org.uk  
*Network of local branches  
and groups*

#### British Polio Fellowship Wales Region

Joan Deverell  
10 Sandown Rd  
Bangor is y coed  
Wrexham LL13 0JA Wales  
+44 1978 780473  
deverell@btinternet.com  
*Resource only*

## United States

*Listing is arranged in alphabetical order, first by country, then by province or state, then by city.*

### ALABAMA

#### **Birmingham Post-Polio Support Group**

James Jarrell  
425 N Lake Rd  
Birmingham, AL 35242-7025  
205-980-0050  
jpjarrell@bellsouth.net  
*Third Saturday AM, Jan, Mar,  
May, July, Sept, Nov*

#### **Tennessee Valley Post-Polio Support Group**

Janie C. Carter  
105 Bedford Ln  
Harvest, AL 35749 (Huntsville)  
256-859-2177  
rjcarter1@mchsi.com  
www.geocities.com/tvppsg  
*Third Saturday AM*

#### **Mobile Area Post-Polio Support Group**

Vera Moore  
6650 Cottage Hill Rd Apt 701  
Mobile, AL 36695-3793  
251-639-2189, 888-248-1680 fax  
VMoore4474@gmail.com  
www.postpoliosg.org  
*Fourth Saturday PM*

### ARIZONA

#### **Polio Echo, Inc.**

Pamela Harper  
PO Box 61024  
Phoenix, AZ 85082-1024  
602-281-2840  
602-376-7581 voicemail  
pharper@cox.net  
polio.echo@polioecho.org  
www.polioecho.org

#### **Polio Epic Inc.**

Micki Minner  
PO Box 17556  
Tucson, AZ 85731-7556  
520-750-8608, 520-743-1556  
contact@polioepic.org  
mickiminner@msn.com  
www.polioepic.org  
*Second Saturday AM, Sept-June*

### ARKANSAS

#### **Central Arkansas Polio Survivors (CAPS)**

Betty S. Schmidt  
1299 Cove Creek Rd  
Quitman, AR 72131-8703  
501-589-3555  
bschmidtmt@hotmail.com

### CALIFORNIA

#### **Sierra Hills Post-Polio Syndrome Group**

Auburn, CA  
Barbara Childress:  
babc2003@pacbell.net  
Carolyne Reed:  
megaphone47@sbcglobal.net  
www.poliosurvivors.com

Mary Correia  
3709 Kennedy Ave  
Bakersfield, CA 93309-6029  
661-836-9220, treec@bak.rr.com  
Lynn Hall: 661-588-1099,  
hall7111@sbcglobal.net  
*Resource only*

#### **San Gabriel & Pomona Valley Polio Support Group**

Mary Ellen Stan  
4076 Kennedy Ct  
Chino, CA 91710-3190  
909-465-0742  
Stan742631@aol.com  
www.post-poliopartners.org

#### **Sacramento Post-Polio Support Group**

Leslie D. Smith  
PO Box 3043  
Citrus Heights, CA 95611-3043  
800-215-0318, 916-725-4077  
leslie@  
sacramentopoliosurvivors.com  
www.poliosurvivors.com  
*First Saturday AM, Sept-June*

#### **San Francisco Bay Area Polio Survivors (SFBAPS)**

Stella R. Cade  
PO Box 5104  
Concord, CA 94524-0104  
510-223-4772, 650-368-8185,  
415-648-1954, 415-440-5657  
925-926-0110  
poliogirl45@aol.com  
SFBAPS@aol.com  
phartke@aol.com (Phyllis Hartke)  
www.SFBAPS.org  
*Third Saturday AM, Jan-June,  
Sept-Nov*

Joan O. Wright, RN, MS  
Psychiatric Nursing  
1720 S Bethesda Way  
Crescent City, CA 95531-8368  
707-465-5405  
joancjwright@charter.net  
*Resource only*

#### **Polio Survivors Association**

Richard L. Daggett  
12720 La Reina Ave  
Downey, CA 90242-4243  
562-862-4508, 562-862-5018 fax  
info@polioassociation.org  
richard@polioassociation.org  
www.polioassociation.org

#### **Rancho Los Amigos Post-Polio Support Group**

Diane Ekonen  
Downey, CA  
562-861-8128  
ranchoppsg@hotmail.com  
*Fourth Saturday PM*

#### **Post-Polio Support Group of Orange County**

M. Priscilla Hiers  
18552 Cork St  
Fountain Valley, CA 92708-6408  
714-968-1675, prisofoc@aol.com  
www.ppsupportoc.org  
*Second Saturday PM*

## Support Groups

continued

### PPS Manager

Richard E. Van Der Linden  
34711 Lyn Ave  
Hemet, CA 92545-3471  
951-926-5492  
ppsman@roadrunner.com  
www.ppsmanager.com  
*Third Tuesday AM*

### Polio Survivors Plus

Sue Lau  
PO Box 645  
Lake Forest, CA 92609-0645  
*Fourth Wednesday PM, Jan-Nov*

### Pasadena Post-Polio Support Group

Carol Mutchnik  
2215 Crescent St  
Montrose, CA 91020-1208  
818-957-4160

### East Ventura County Post-Polio Support Group

Sharon L. Ertel  
950 Janetwood Dr  
Oxnard, CA 93030-3419  
805-485-9664  
sharertel@verizon.net  
*First Saturday PM, Jan-June,  
Sept-Dec*

### Post-Polio Marin County

Francine Falk-Allen  
31 Kinross Dr  
San Rafael, CA 94901-2419  
FrancineAllen@comcast.net  
*Four time a year*

### Coachella Valley Polio Survivors Group

Lois & Bob Jackman  
8 Via Elegante  
Rancho Mirage, CA 92270-1969  
760-324-0333, 760-321-7780 fax  
lwjackman@aol.com  
Kent Sipolski:  
canman619@aol.com  
*Second Friday*

### San Diego Polio Survivors

Rick E. Kneeshaw, MA  
11541 Sweet Willow Way  
San Diego, CA 92131  
619-884-1220  
Gladys: 858-271-9288  
polio@mindspring.com  
<http://polio.home.mindspring.com>  
*Second Saturday, Jan, Mar, May,  
July, Sept, Nov*

### Post-Polio Group/California North Coast

Janet Johnson  
PO Box 9397  
Santa Rosa, CA 95405-1397  
707-524-7865  
ppsgsonoma@yahoo.com

### High Desert Post-Polio Support Group

Ardath Kay Mears  
14000 El Evado Rd Base 45  
Victorville, CA 92392  
760-985-2579 cell  
ca1amity@sonic.net

## COLORADO

### Colorado Post-Polio Council

Ileta Smith, Council Chairperson  
CouncilChair2010@aol.com  
Nancy Hanson,  
Easter Seals Liaison  
303-233-1666 ext 237  
nhanson@eastersealscolorado.org  
*Third Monday in Jan, Apr, July,  
Oct*

Lisa Haft Robison  
Aurora  
303-360-6887  
*Third Wednesday AM*

Linda Groth  
Colorado Springs  
719-633-1497  
*Second Saturday*

Peter Way  
970-219-1301  
nocopolio@gmail.com  
Julia Hanan  
970-484-3822  
Ft. Collins  
*Third Saturday*

Gail Saunders  
970-249-3218  
saundersgail@hotmail.com  
Millie Derksen  
970-434-4281  
Grand Junction

Marlene Harmon  
Lakewood  
303-689-7669

Jeane Dille  
Pueblo  
719-545-0162  
*Second Saturday*

Paul Puma  
303-453-9552  
Barbara Lundstrom  
303-451-6241  
Thornton  
*First Saturday*

## CONNECTICUT

### The Polio Outreach of Connecticut

75 Tallwood Rd  
Southbury, CT 06488-2751  
203-264-1075  
poliooutreach@gmail.com  
<http://poliooutreachct.com>  
*Saturdays PM, Mar, May, July,  
Sept, Dec*

## FLORIDA

### Boca Area Post-Polio Group

Maureen A. Sinkule  
Carolyn DeMasi  
11660 Timbers Way  
Boca Raton, FL 33428  
561-488-4473, 561-558-1215 fax  
bappg@aol.com  
Carolyn: 352-245-8129,  
ccdemasi23@hotmail.com  
*Second Wednesday AM except  
August*

**North Central Florida Post-Polio Support Group**

Carolyn P. Raville  
7180 SW 182nd Ct  
Dunnellon, FL 34432 (Ocala)  
352-489-1731, 352-465-3825 fax  
carolyn@postpoliosupport.com  
cpager29@peoplepc.com  
www.postpoliosupport.com  
*Second Sunday PM and special programs on Saturdays, annual seminar*

**Post Polio Resource Group of Central Florida**

J. Ann Singleton  
481 Meadowood Blvd  
Fern Park, FL 32730-2942  
407-260-9238  
post-polioresource@me.com  
*Quarterly meetings; Fern Park to Orlando area*

**Gulf Coast Post-Polio Support Group**

Virginia Katramados  
514 Boca Ciega Point Blvd N  
Madeira Beach, FL 33708  
727-319-0648  
VScooterBug1@aol.com  
*Third Tuesday PM, Jan-June, Sept-Dec*

**Post-Polio Alliance of South Florida**

Pat Richmond  
11901 SW 177th Terrace  
Miami, FL 33177-2354  
305-255-5851  
ppsofsouthfl@aol.com  
*Meet monthly*

**Post-Polio Support Group of Brevard**

JoAnn McDonald  
1153 Ironsides Ave  
Melbourne, FL 32940  
321-622-8040  
dmcdonald38@cfl.rr.com  
*Second Saturday, Feb, Apr, June, Aug, Oct, Dec*

**First Coast Post Polio Support Group**

Jacksonville, FL  
Jim Powell, President:  
904-504-8925  
Janice Askwith, Vice President:  
904-333-3457  
Frances Powell, 2nd Vice President:  
904-571-9410  
FirstCoastPostPolio@yahoo.com  
www.firstcoastpostpolio.com

**Naples Post-Polio Support Group**

Barbara Mayberry  
2410 19th St SW  
Naples, FL 34117-4718  
239-353-2410  
kd9n@comcast.net  
*First Saturday AM, Oct-May*

**Florida East Coast Post-Polio Support Group**

Barbara S. Goldstein  
12 Eclipse Trl  
Ormond Beach, FL 32174-4936  
386-676-2435  
bgold@iag.net  
http://home.iag.net/~bgold  
*Third Sunday PM, Jan, Mar, May, Sept, Nov*

**Post-Polio Support Group of Charlotte County**

Darlene Mudd  
941-625-4059  
mudpie1037@yahoo.com  
*Second Thursday PM, Jan-May, Oct-Nov*

**Southern Hillsborough County Post-Polio Support Group**

Pam Vogelsang  
2322 Lancaster Dr  
Sun City Center, FL 33573-6504  
813-642-8707  
pvogelsang@tampabay.rr.com  
*Third Thursday, Jan-May, Sept-Nov*

**Powe Over Polio Support Group**

Diana Kennedy  
1682 Jadestone Terrace  
The Villages, FL 32162  
352-753-7188  
dianaruthk@aol.com

**GEORGIA**

**Atlanta Post-Polio Association (APPA)**

Linda Priest  
PO Box 250566  
Atlanta, GA 30325-1042  
404-350-7631  
lindaleepriest@gmail.com  
www.atlantapostpolio.com

**Coastal Empire Polio Survivors Assn Inc.**

Diane L. Davis  
7610 Peridot Ln  
Savannah, GA 31406  
912-355-1221  
davi1192@bellsouth.net  
www.coastalempirepoliosurvivors.org  
*Fourth Saturday AM, Jan-June, Sept-Nov*

**HAWAII**

**Hawaii Post Polio Network**

Jane E. Marcum  
Honolulu area  
808-261-8752  
marcuml001@hawaii.rr.com  
*Luncheons every two months*

**ILLINOIS**

**Polio Survivors & Friends of East Central Illinois**

Annamaria T, Barber, RN  
708 Taft Ave  
Charleston, IL 61920-4135  
217-345-1549 after 4 pm  
annieb\_777@hotmail.com  
*Second Thursday, conference call capability for those who cannot attend*

Linda Bieniek, CEAP  
14 S Ashland Ave  
La Grange, IL 60525-2370  
708-354-3640, 708-354-3670 fax  
lindabieniek@sbcglobal.net  
*Resource only*

Valerie Brew-Parrish  
2617 Ruth Fitzgerald Dr  
Plainfield, IL 60586  
815-609-9464 (tel & fax)  
val23700@comcast.net  
*Resource only*

## Support Groups

continued

### Polio Survivors of Springfield Area

Ann R. Hughes  
7442 Rolling Oaks Dr  
Riverton, IL 62561-9302  
217-629-8881  
kapsh@juno.com  
*Third Saturday AM, Jan, Mar,  
May, July, Sept, Nov*

Mary Ann Buckingham  
7335 W 109th Pl  
Worth, IL 60482-1113  
708-448-7237  
*Resource only*

### INDIANA

Ellen Crim  
3205 Morton St  
Anderson, IN 46016-5088  
765-649-3648, same, call first fax  
ehope@insightbb.com  
*Resource only*

Meg Magnan  
434 John St  
Decatur, IN 46733  
260-724-2960, 260-701-2960  
mmagnan@embarqmail.com  
*Monthly luncheons, Apr-Nov*

Jerome S. Grady  
8509 Sweet Blossom Ct  
Fort Wayne, IN 46835-9624  
260-485-1935 (tel and fax,  
call first)  
jsgrady@aol.com  
*Resource only*

### IOWA

#### Tri-State Post-Polio Support Group

Joan D. Bellmann  
1000 Richards Rd  
Dubuque, IA 52003  
563-588-1692, 563-588-9833 fax  
rjpub@mchsi.com  
*Second Thursday PM every other  
month at a restaurant*

### Iowa Polio Survivors Group

Janice Hawkins  
5326 E Oakwood Dr  
Pleasant Hill, IA 50327  
515-263-1823  
515-263-1823 TDD  
jhint96@msn.com  
*Info meetings in Apr & Oct, July  
picnic, Dec holiday celebration*

### KANSAS

#### Central Kansas Polio Survivors Support Group

Jean Graber  
5008 W Parallel Rd  
Pretty Prairie, KS 67570  
620-459-6355  
mgraber3@gmail.com  
Lois Wooten:  
centralkansaspoliosurvivors@  
cox.net  
www.ckpolio.org  
*First Saturday AM*

#### Topeka Post-Polio Support Group

William D. Kvicala  
2707 SW Burnett Rd  
Topeka, KS 66614-2226  
785-272-5138  
*Third Saturday AM, Mar, May,  
July, Sept*

#### Wichita Post-Polio Support Group

Carol Utermark  
6534 E 9th St  
Wichita, KS 67206  
316-651-5685  
utrmrk@gmail.com  
*Third Saturday AM, Mar-Nov*

### KENTUCKY

#### Polio Survivors Organization, Inc.

Frances Brown  
6203 Fegenbush Ln  
Louisville, KY 40228-1125  
502-239-9792  
FranBrownLouKY@aol.com

### LOUISIANA

#### Northeast Louisiana Polio Support Group

Frances B. Bullington  
2218 Valencia St  
Monroe, LA 71201-2366  
318-387-2991  
*Quarterly Saturday AM meetings*

#### Easter Seals LA Polio Support Network

Janet Pepperman  
1010 Common St Ste 2000  
New Orleans, LA 70112  
504-523-7325, 504-523-3465 fax  
jpepperman@laeasterseals.com

### MAINE

#### Portland Region Post-Polio Support Group

Sharon J. Antoniuic  
29 Smith Farm Rd  
Durham, ME 04222-5253  
207-865-0078  
rlindqu1@maine.rr.com  
*Last Saturday AM Jan-Aug,  
Oct-Nov*

#### Post-Polio Support Group of Maine

Ann B. Crocker  
674 Hallowell-Litchfield Rd  
West Gardiner, ME 04345-3462  
207-724-3784  
abcrocker@roadrunner.com  
www.ppsgm.org

### MARYLAND

#### Polio Support Group of Central Maryland

Jean E. Williams  
Columbia, MD  
410-312-0606  
jewilli@comcast.net  
Fay Baker, 301-596-4156,  
mbakerf@comcast.net  
*Second Saturday AM, Sept-June*

#### The Polio Society

Reginald Nettles, PhD  
6217 Ironwood Way  
Columbia, MD 21045  
410-290-7999  
poliosociety@yahoo.com  
*Special events and quarterly  
board meetings*

## MASSACHUSETTS

### Amherst Post-Polio Support Group

Philippe G. Galaski  
Amherst, MA  
413-253-3508  
phgalaski@gmail.com  
*Third Sunday PM*

### North Shore Area Post-Polio Support Group

Barbara Mintz  
32 Longfellow Dr  
Newburyport, MA 01950-3360  
978-465-1059 (tel & fax)  
harry.m.mintz@gsk.com  
*Biannual meetings*

### The Greater Boston Post-Polio Association

Linda W. Dobkin  
1 Grove St  
PO Box 812726  
Wellesley, MA 02482-0024  
781-596-8245, www.gbppa.org  
*Two-four meetings/year*  
*Third Tuesday, Aug & Dec*

## MICHIGAN

### Post-Polio Connection

Sunny Roller, MA  
Liina Paasuke, MA  
Ann Arbor, MI  
734-971-1715 (tel & fax),  
liina610@sbcglobal.net

### Post-Polio Support Group

Rita Wall  
c/o Blue Water Center for  
Independent Living  
1184 Cleaver Rd Ste 1000  
Caro, MI 48723  
989-673-3678  
*Last Tuesday in PM*

### Michigan Polio Network Inc Southeast Michigan Post-Polio Support Group

Bonnie E. Levitan  
311 Lothrop Rd  
Grosse Pointe, MI 48236-3407  
313-885-7855  
pigger\_38@yahoo.com  
www.michiganpolionetwork.com  
*Fourth Saturday AM, Mar-Oct*  
*(Meets in Troy)*

### Mid Michigan Post-Polio Support Group

Ethel Jean Iutzi  
5754 N Rodgers Ave  
Harrison, MI 48625-9677  
989-539-3781  
hnjutzi12@ejourney.com  
*Two group meetings per year*

### Lansing Area Post-Polio Support Group

Alice Mailhot  
2518 Lake Lansing Rd Apt 1  
Lansing, MI 48912-3681  
Anita Hallas: 517-339-1039  
awmailhot@aol.com

### Northeastern Michigan Post-Polio Support Group

Ruth Nisniewski  
989-354-4038  
artcgai@yahoo.com  
*Meeting 3rd Wed Mar-Oct*

## MINNESOTA

### Twin Ports Post Polio Network

Leo F. Plewa  
4238 Stebner Rd  
Hermantown, MN 55811-1435  
218-729-9635  
lfplewa@yahoo.com

## MISSISSIPPI

### Jackson Polio Survivors Support Group

JPSSG Coordinator/Webmaster  
PO Box 680  
Florence, MS 39073-0680  
601-939-4882  
mail@jpssg.org, www.jpssg.org  
*Fourth Saturday PM, Jan-Oct*

### Mississippi Polio Survivors Association

Dianne N. Wade  
PO Box 619  
Florence, MS 39073-0619  
601-847-4539  
grandsdw@yahoo.com  
*Quarterly*

## MISSOURI

### SEMO Alliance for Disability Independence, Inc.

Maryann Gudermuth  
1913 Rusmar Ave  
Cape Girardeau, MO 63703  
800-898-7234, 573-651-6464  
573-651-6464 TDD  
573-651-0441 fax  
miki@sadi.org, www.sadi.org  
*One-on-one peer support*

### Greater Kansas City Post-Polio Support Group

Judith Wilson  
5622 N Strathbury  
Kansas City, MO 64151-2646  
816-741-1620  
jkw1620@sbcglobal.net  
*Last Saturday AM, Feb, Apr, June, Aug, Oct*

### Mid-Missouri Post-Polio Support Group

Alvin G. Cook, Sr.  
1601 W 16th St  
Sedalia, MO 65301  
660-829-0902  
Coachman64@aol.com

## MONTANA

### Polio Survivors of Montana

205 9th Ave S Ste 101  
Great Falls, MT 59405-4011  
406-454-7715  
Ann Tuss 406-452-0722  
Juanita Tschettters 406-761-6737  
ppsocm@yahoo.com  
*Third Saturday AM, Sept-May*

## Support Groups

continued

### NEBRASKA

#### Nebraska Polio Survivors Association

Elaine Allen  
PO Box 6076  
Omaha, NE 68106-0076  
402-932-5426, 402-932-5429 fax  
npsa.org@hotmail.com

### NEVADA

#### South Nevada Association of Polio Survivors (SNAPS)

Dianne M. Resetar,  
6417 Cosmo Ln  
Las Vegas, NV 89130  
702-644-5091, 702-651-3380 fax  
resetar@earthlink.net  
http://communitylink.  
reviewjournal.com/lvrj/snaps  
Third Saturday PM

### NEW JERSEY

#### PNNJ/Raritan Valley Post-Polio Support Group

Arthur P. Siegfried  
1272 Oxford Rd  
Bridgewater, NJ 08807-1424  
908-722-7212, 908-429-1045 fax  
rvppsg@njpolio.org  
www.njpolio.org/rvppsg

#### Morris County Polio Network

1 St. Mary's Place  
Denville, NJ 07834  
973-769-0075  
drvince@njpolio.org  
Third Saturday AM, Jan, Feb, Apr,  
May, June, Sept, Oct, Nov

#### PNNJ/Monmouth Post-Polio Support Group

Antoinette (Toni) S. Wilczewski  
294 W End Ave  
Long Branch, NJ 07740-5234  
732-229-9343  
Third Monday PM, April-Nov

#### Polio Network of New Jersey (PNNJ)

PO Box 537  
Martinsville, NJ 08836-0537  
201-845-6860, 201-843-2903 fax  
njpolio10@hotmail.com  
www.njpolio.org  
Statewide network, annual  
conference in Apr

#### PNNJ/Bergen County Polio Support Group

Heather Broad  
275 Eccleston Pl  
Maywood, NJ 07607-1112  
201-845-6317  
hbroad@netzero.net  
First Saturday AM

#### PNNJ/Ocean County Polio Support Group

Susan Payne Gato, RN  
PO Box 4515  
Toms River, NJ 08754-4515  
732-330-2431  
s\_payne\_gato@comcast.net  
www.tomsrivernjpolio.org  
Four Saturdays per year,  
Periodic social events

### NORTH CAROLINA

#### Post-Polio Support Group of the High Country

Watauga Medical Center  
New Auditorium  
336 Deerfield Rd  
Boone, NC 28607  
Shelby Duane: 828-324-4223  
Third Sunday PM

#### Charlotte Area Post Polio

Carolinas Rehabilitation  
1100 Blythe Blvd  
Charlotte, NC 28203  
Dan Honeycutt  
704-366-5660  
danohoneycutt@earthlink.net  
Second Sunday PM

#### Triad Post Polio Group

Dan Moury  
4096 Blumenthal Rd  
Greensboro, NC 27406  
336-413-4399  
triadppg@yahoo.com  
Second Thursday and  
Fourth Monday

#### Catawba Valley Post-Polio

Lincoln County Senior Center  
514 S Academy St  
Lincolnton, NC 28092  
Pamm Rose  
704-922-6709  
Second Monday PM

#### Sandhills Post-Polio Health

Ray Taylor  
590 Central Dr # 403  
Southern Pines, NC 28387  
910-692-2566  
raytaylor@mindspring.com  
Ashley Atkinson, FirstHealth  
of the Carolinas:  
910-715-5266, 910-715-3090 fax  
aatkinson@firsthealth.org  
Ginnie Richmond:  
ron@jgrichmond.com  
First Saturday AM

#### Land of the Sky Post-Polio Resource/Support Group

Tom McCrary  
2909 Kanuga Rd  
Hendersonville, NC 28739  
828-329-6618  
atm28739@hotmail.com  
Steve Minnick  
828-684-0749  
steve.tricia@gmail.com  
2nd Saturday PM

### NORTH DAKOTA

#### F-M Post-Polio Support Group

Ervin E. Heim  
4027 32nd St S  
Fargo, ND 58104-6649  
701-232-8417  
Third Wednesday PM

## OHIO

### Akron Post-Polio Support Group

Ruth McCort  
1048 Austin Ave  
Akron, OH 44306-2956  
330-724-8302  
igiveahoot8@aol.com  
Brenda Ferguson:  
330-867-5507  
jdbafergie@aol.com  
Patricia A. Harding:  
330-867-5507  
jharding@neo.rr.com  
*Second Saturday PM*

### Polio Connection

Bill Renz, President  
PO Box 9575  
Cincinnati, OH 45209  
513-563-9032 (tel & fax)  
Willomena1@aol.com  
Sylvia Meek: 513-521-3407  
Earl Laycock:  
513-891-7662  
*Call for meeting schedule.*

### Polio Survivors of Stark County Ohio

Marie E. Smith  
7111 Frank Ave NW  
North Canton, OH 44720  
mes@neo.rr.com  
330-499-6626  
*First Saturday AM, Apr, May, June, Aug, Oct, Nov*

### Ohio Polio Network

Patrick C. Kelly  
104 Iroquois Dr  
Marietta, OH 45750-1219  
740-374-0538  
pkelly03@sprynet.com  
www.ohiopolionetwork.org

### Greater Cleveland Post-Polio Support Group

Alice M. Sporar  
7251 Olde Farm Ln  
Mentor, OH 44060  
440-942-1557  
amsporar@worldnetoh.com

### HELPS Post-Polio Support Group

Winifred Walker  
132 9th St SW  
New Philadelphia, OH  
44663-2074  
330-339-6910  
helpsorg@tusco.net

### Miami Valley Post-Polio Connection

Edgar L. Baker  
2256 Shawnee Ave  
Springfield, OH 45506-3232  
937-325-8384

## OKLAHOMA

### Polio Survivors of Oklahoma Association

W. Yvonne Leard  
2723 NW 36th Terr  
Oklahoma City, OK 73112-7432  
405-946-1460  
<http://web.mac.com/ldokc>  
*Fourth Saturday PM, Mar-Oct*

## OREGON

### Beaverton Post-Polio Support Group

Ann Satterfield  
Elsie Stuhr Center  
5550 SW Hall Blvd  
Beaverton, OR 97005-3919  
503-629-6343, 503-629-5347 fax  
asatterfield@thprd.com  
*Second Tuesday AM, Jan-Aug, Oct-Dec*

### International Post-Polio Support Org (IPPSO)

Shari Clement Fiksdal  
2252 Table Rock Rd #40  
Medford, OR 97501  
541-772-1102  
fiksdalpps@yahoo.com  
www.ippso-world.org

### Roseburg Post-Polio Resource

Barbara Strickland  
2310 SW La Canada Dr  
Roseburg, OR 97471-5700  
541-679-1316  
dbstrick@charter.net

## PENNSYLVANIA

### Delaware Valley Polio Survivors Association

Judy Young  
PO Box 159  
Chalfont, PA 18914-0159  
215-822-6342  
jmyoung4@verizon.net

Bunny Schneider  
118 Firetower Rd  
Milford, PA 18337-9340  
570-296-4080  
bunygene@ptd.net  
*Resource only*

### Hanover Area

Deborah Stambaugh  
6116 Pigeon Hill Rd  
Spring Grove, PA 17362  
717-259-9594  
Debs7oaks@aol.com

### Post-Polio Support Group of the Lehigh Valley

Phyllis Kennedy  
524 New York Ave  
Whitehall, PA 18052  
610-435-7639  
*Resource only*

## RHODE ISLAND

### The Westerly Hospital Post-Polio Support Group

Henry J. Nardone Conference Ctr  
Westerley, RI  
William Nieranowski  
401-596-3398  
www.westerlyhospital.org  
*Second Saturday*

## SOUTH CAROLINA

### Charleston Area Support Group

Laura Small  
Charleston, SC  
207-576-3868  
lhsmall10@gmail.com  
*Third Thursday PM*

## Support Groups

continued

### Palmetto Polio & Neuropathy Support Group (PPN)

Patsy H. Young  
301 Cooper Dr  
Greer, SC 29651-5891  
864-877-0702  
patsyy101@aol.com  
www.palmettoppn.com  
Second Thursday PM

## TENNESSEE

### Post-Polio Support Group - Chattanooga Meeting

Rehab South  
11 Northgate Park Ste 102  
Chattanooga, TN 37415  
Meets 4 times a year  
Next September 27th  
Reservations 423-877-4599

### Polio Heroes of Tennessee/ Nashville Area

Nickie L. Lancaster, RN  
529 Albany Dr  
Hermitage, TN 37076-1422  
615-889-3007, 615-874-9550 fax

Deborah Cunningham  
1633 Madison Ave  
Memphis, TN 38104  
901-726-6404, 901-726-6521 fax  
deborah@mcil.org, www.mcil.org  
Resource only

## TEXAS

### Texas Bay Area Polio Survivors Group

John Hartman  
713-502-7679  
wheels77503@yahoo.com  
Doris Scarborough:  
281-573-1035  
dis281@msn.com  
www.texasbayareapolio.org

### Top of Texas Post-Polio Support Group

Aldine Manning  
2200 W 7th St # 417  
Amarillo, TX 79106-6789  
806-373-7582  
Third Saturday PM, Apr, June  
Sept, Nov

### Fort Worth Area Polio Survivor Support Group

Marilyn Foster  
PO Box 471109  
Fort Worth, TX 76147-1109  
817-336-1769, jtree7@aol.com  
Second Saturday PM

### Texas Polio Survivors' Association (TPSA)

800 Wilcrest Ste 201  
Houston, TX 77042  
713-690-0695, 713-690-0696 fax  
tpsa@flash.net  
www.texaspolio.com  
11 groups and 4 phone link  
groups in Texas

### South Plains Post-Polio Support Network & Project Blue Whale

Carol J. Thompson  
1316 7th St  
Shallowater, TX 79363  
806-832-5683  
lorac657@gmail.com  
Internet and phone support  
with periodic meetings

## UTAH

### Utah Post-Polio Support Group

Ruth Ann Smith  
8955 Quail Hollow Dr  
Sandy, UT 84093  
801-943-7665  
ruths411@msn.com  
Carol Held:  
cmhkatieidoscope@aol.com

## VIRGINIA

### Northern Virginia Post-Polio Support Group

Col. Charles E. Preble, Jr.,  
USA Ret  
8027 Garlot Dr  
Annandale, VA 22003  
703-560-8852  
CprebleJr@aol.com  
Second Saturday, Jan, Mar,  
May, July, Sept, Nov

### Central Virginia Post-Polio Support Group

Carol Kennedy  
1803 Aston Ln  
Richmond, VA 23238-3066  
804-740-6833  
ckennedy1619@aol.com  
www.cvppsg.org  
First Saturday PM, Feb-June,  
Aug-Dec

## WASHINGTON

### Polio Outreach of Washington

Scott Stahr  
PO Box 1876  
Kingston, WA 98346  
800-609-5538  
poliooutreach.wa@gmail.com  
www.poliooutreach.com

### Everett Post-Polio Support Group of Washington State

Rhonda G. Whitehead  
15913 119th Ave NE  
Bothell, WA 98011-4120  
425-488-0219  
lauriswh@msn.com  
Second Saturday PM

### Bremerton & Kitsap County Post-Polio Support Group

Bob Miller  
4867 NW Eldorado Blvd  
Bremerton, WA 98312-1123  
360-692-1381  
rmiller@wavecable.com  
Third Saturday PM, odd months

### Tri-State Polio Pals

James L. Huetson  
1120 22nd Ave  
Clarkston, WA 99403-3185  
509-758-2187  
rockinnj@cablone.net  
Fourth Saturday PM

**Polio Outreach/North Central  
Washington**

Jim & Sandee Thornton  
484 N Kent Terrace  
East Wenatchee, WA 98802  
509-884-8856  
smt1107@charter.net  
*Third Monday PM*

**Bellingham Post-Polio  
Support Group**

Patrick Ewing  
3561 Sorenson Rd  
Everson, WA 98247-8212  
360-966-4253  
pre47airstream@aol.com  
*Last Saturday*

**Olympia Polio Support Group**

Ursula Schmidt  
6528 Alder Glen Dr SE  
Olympia, WA 98513-4353  
360-456-8097  
bobuschi@msn.com  
*PM meetings on demand*

**Olympic Peninsula Post-Polio  
Support Group**

Paul D. Tucker  
517 E 7th St  
Port Angeles, WA 98362-6214  
360-452-6487  
paulaver@olympus.net  
*Third Friday PM, Jan, Mar, May,  
July, Aug, Nov*

**Polio Outreach/Tri-Cities  
Post-Polio Support Group**

Norma Peters  
712 Swift Ste 1  
Richland, WA 99352  
509-946-5485  
*Third Saturday PM*

**Polio Outreach/Renton,  
South Seattle & South King  
County Cities**

Mimi Sangder  
Seattle, WA  
206-725-8937  
fuzzface7@juno.com  
*Third Saturday noon potluck*

Larry Julius, CPA, CGFM  
261 SE Weston Rd  
Shelton, WA 98584-7634  
360-426-0100  
ljustus600@aol.com  
*Resource Only*

Sharman R. Collins  
12811 S Fairway Ridge Ln  
Spokane, WA 99224-8416  
509-448-8517  
sharmanrcollins@msn.com  
*Call for meeting information.*

**Tacoma/Pierce County  
Post-Polio Support Group**

Marlys Tron  
419 Alder Ave  
Sumner, WA 98390-1321  
253-863-9556  
*First Monday PM usually,  
Feb-June, Aug-Dec*

Bev Nading  
1726 Gregory Ave, PMB315  
Sunnyside, WA 98944-1660  
509-837-4265  
cubfarms2003@yahoo.com  
*Resource only*

**Vancouver Post-Polio  
Support Group**

Susie Koeser  
1112 NW Westridge St  
Vancouver, WA 98665  
360-574-4523  
360-892-5314 (Stan)  
vipsusie@msn.com  
*Third Saturday PM*

**WEST VIRGINIA**

**Mid Ohio Valley Post-Polio  
Support Group**

Becky A. White  
2807 11th Ave  
Vienna, WV 26105-2674  
304-295-5879  
beckyonwheels@suddenlink.net  
*Second Monday PM, Apr-Jun,  
Sept-Nov*

**WISCONSIN**

**Madison (WI) Area Post-Polio  
Support Group**

Gail Kempfer  
6838 Parkside Cir  
DeForest, WI 53532  
wp6838@windsorparkside.com  
*Second Saturday PM, Mar, May,  
July, Sept, Nov*

Linda A. Tomter  
3219 Chasewood Ln  
Eau Claire, WI 54701-6024  
715-834-8837  
tomter@discover-net.net  
*Resource only*

Paul Garness  
1160 Shorewood Dr  
La Crosse, WI 54601-7020  
608-788-5331  
pgarness@centurytel.net  
*Resource only*

**Post-Polio Resource Group  
of Southeastern Wisconsin**

Harvey Padek  
PO Box 13841  
Milwaukee, WI 53213-0841  
414-297-9093, 262-782-0506  
hpadek@yahoo.com  
www.pprg.org  
*Third Saturday PM, Spring & Fall  
discussion web at  
[http://health.groups.yahoo.com/  
group/pprg\\_list/](http://health.groups.yahoo.com/group/pprg_list/)*

# Other Useful Contacts

Professional organizations of medical specialties, governmental agencies and other organizations and associations.

## Professional Medical

### American Academy of Neurology

1080 Montreal Ave  
Saint Paul, MN 55116  
800-879-1960, 651-695-2717  
651-695-2791 fax  
memberservices@aan.com  
www.aan.com

### American Academy of Orthopaedic Surgeons®

6300 N River Rd  
Rosemont, Illinois 60018-4262  
847-823-7186, 800-346-AAOS  
847-823-8125 fax  
800-999-2939 AAOS  
fax-on-demand  
www.aaos.org

### American Academy of Physical Medicine and Rehabilitation

330 N Wabash Ave Ste 2500  
Chicago, IL 60611-7617  
312-464-9700, 312-464-0227 fax  
info@aapmr.org, www.aapmr.org

### American Board for Certification in Orthotics and Prosthetics

330 John Carlyle St Ste 210  
Alexandria, VA 22314  
703-836-7114, 703-836-0838 fax  
info@abcop.org, www.abcop.org

### American College of Chest Physicians

3300 Dundee Rd  
Northbrook, IL 60062-2348  
Products and registration:  
847-498-1400  
800-343-2227 (toll-free in US)  
847-498-5460 fax  
accp@chestnet.org  
www.chestnet.org

### American Orthopaedic Foot and Ankle Society

6300 N River Rd Ste 510  
Rosemont, IL 60018-4262  
800-235-4855, 847-698-4654  
847-692-3315 fax  
aofas@aofas.org, www.aofas.org

### Association of Rehabilitation Nurses

4700 W Lake Ave  
Glenview, IL 60025-1485  
800-229-7530, 847-375-4710  
877-734-9384 fax  
info@rehabnurse.org  
www.rehabnurse.org

### American Physical Therapy Association (APTA)

1111 N Fairfax St  
Alexandria, VA 22314-1488  
703-684-2782, 800-999-2782  
703-683-6748 TDD  
703-684-7343 fax  
www.apta.org

### The American Occupational Therapy Association, Inc. (AOTA)

4720 Montgomery Ln, PO Box  
31220 Bethesda MD 20824-1220  
301-652-2682  
800-377-8555 TDD  
301-652-7711 fax  
www.aota.org

## USA Governmental

### Centers for Disease Control and Prevention (CDC)

1600 Clifton Rd  
Atlanta, GA 30333  
800-311-3435  
404-498-1515 public inquiries  
www.cdc.gov

### National Institutes of Health (NIH)

9200 Rockville Pike  
Bethesda, MD 20892  
301-496-4000, 301-402-9612 TTY  
NIHinfo@od.nih.gov, www.nih.gov

### National Institute of Neurological Disorders & Stroke (NINDS)

*(part of NIH)*  
PO Box 5801  
Bethesda, MD 20824  
800-352-9424, 301-496-5751  
301-468-5981 TTY  
www.ninds.nih.gov

### Social Security Administration

Office of Public Inquiries  
Windsor Park Bldg  
6401 Security Blvd  
Baltimore, MD 21235  
800-772-1213, 800-325-0778 TTY  
www.ssa.gov

## Associations/ Organizations

### American Chronic Pain Association (ACPA)

PO Box 850  
Rocklin, CA 95677  
800-533-3231, 916-632-3208 fax  
ACPA@pacbell.net  
www.theacpa.org

### Chronic Pain Association of Canada (CPAC)

PO Box 66017  
Heritage Postal Station # 130  
2323-111 Street  
Edmonton, Alberta T6J 6T4  
Canada  
780-482-6727, 780-433-3128 fax  
cpac@chronicpaincanada.com  
www.chronicpaincanada.com

### Easter Seals

233 S Wacker Dr Ste 2400  
Chicago, IL 60606  
800-221-6827, 312-726-6200,  
312-726-4258 TTY  
312-726-1494 fax  
www.easter-seals.org

### March of Dimes Birth Defects Foundation (National Office)

1275 Mamaroneck Ave  
White Plains, NY 10605  
914-997-4488, www.modimes.org

### Restless Legs Syndrome (RLS) Foundation

1610 14th St NW Ste 300  
Rochester, MN 55901  
877-463-6757, 507-287-6465  
507-287-6312 fax  
rlsfoundation@rls.org, www.rls.org

### Rotary International

1 Rotary Center  
1560 Sherman Ave  
Evanston, IL 60201  
847-866-3000, 847-328-8554 fax  
847-328-8281 fax  
programs@rotaryintl.org,  
www.rotary.org

### World Health Organization (WHO)

Avenue Appia 20, 121  
Geneva 27, Switzerland  
+41 22 791 2111  
+41 22 791 3111 fax  
info@who.int, www.who.int

## Disability Rights/ Independent Living

### American Association of People with Disabilities (AAPD)

1629 K St NW Ste 503  
Washington, DC 20006  
800-840-8844  
202-457-0046 voice/TTY  
aapd@aol.com, www.aapd-dc.org

### Independent Living Research Utilization (ILRU)

2323 S Shepherd Ste 1000  
Houston, TX 77019  
713-520-0232 voice/ TTY  
713-520-5785 fax  
ilru@ilru.org, www.ilru.org

### Mobility International USA

132 E Broadway Ste 343  
Eugene, Oregon 97401  
541-343-1284 voice/TTY  
541-343-6812 fax  
info@miusa.org, www.miusa.org

### National Council of Independent Living (NCIL)

1710 Rhode Island Ave NW,  
5th floor  
Washington, DC 20036  
877-525-3400, 202-207-0340 TTY  
202-207-0334, 202-207-0341 fax  
ncil@ncil.org, www.ncil.org

### National Council on Disability (NCD)

1331 F St NW Ste 850  
Washington, DC 20004  
202-272-2004, 202-272-2074 TTY  
202-272-2022 fax  
ncd@ncd.gov, www.ncd.gov

### National Organization on Disability (NOD)

910 Sixteenth St NW Ste 600  
Washington, DC 20006  
202-293-5960, 202-293-5968 TTY  
202-293-7999 fax  
ability@nod.org, www.nod.org

### Rehabilitation International

25 E 21 St 4th Floor  
New York, NY 10010  
212-420-1500, 212-505-0871 fax  
RI@riglobal.org

## Assistive Technology (Equipment)

### Abledata

8630 Fenton St Ste 930  
Silver Spring, MD 20910  
800-227-0216, 301-608-8912 TTY  
301-608-8958 fax  
abledata@verizon.net  
www.abledata.com

### Enabling Mobility Center

(Saint Louis, MO)  
5240 Oakland Ave  
Saint Louis, MO 63110  
314-289-4202  
314-289-4252 TTY  
314-289-4201 fax  
walkerc@msnotes.wustl.edu  
http://enablemob.wustl.edu  
*Recycled DME program,  
wheelchair cleaning and repair  
(for Saint Louis residents only)*

### Technical Assistance Project

1700 N Moore St Ste 1540  
Arlington, VA 22209-1903  
703-524-6686, 703-524-6639 TTY  
703-524-6630 fax  
resnaTA@resna.org  
www.resna.org/taproject/at/  
statecontacts.html

## Other Useful Resources

continued

## Topical Resources

### SCOLIOSIS

(curvature of the spine)

#### National Scoliosis Foundation

5 Cabot Place  
Stoughton, MA 02072  
800-NSF-MYBACK  
(800-673-6922)  
781-341-8333 fax  
nsf@scoliosis.org  
www.scoliosis.org

#### Scoliosis Research Society

555 E Wells St Ste 1100  
Milwaukee, WI 53202-3823  
414-289-9107, 414-276-3349 fax  
info@srs.org, www.srs.org

## Shoes of Different Sizes

### National Odd Shoe Exchange

PO Box 1120  
Chandler, AZ 85244-1120  
480-892-3484, www.oddshoe.org

### The One Shoe Crew

5973 Sunrise Mall  
Citrus Heights, CA 95610-6901  
sally\_tavarez@hotmail.com  
*Mon-Fri, 8 am – 6 pm (PST)*

### Nordstrom's

888-282-6060  
www.store.nordstrom.com  
www.nbweexpres.com  
*Will sell a pair of mismatched  
New Balance shoes for the  
price of one.*



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POST-POLIO HEALTH INTERNATIONAL  
INCLUDING INTERNATIONAL VENTILATOR USERS NETWORK

4207 LINDELL BOULEVARD, #110  
SAINT LOUIS, MO 63108-2930 USA  
314-534-0475, 314-534-5070 FAX  
INFO@POST-POLIO.ORG, WWW.POST-POLIO.ORG, WWW.POLIOPPLACE.ORG