CONFERENCE PROGRAM SCHEDULE

SATURDAY, MAY 31

12:00 – 4:00 pm
Registration

5:30 – 6:00 pm
Cash Bar

3:00 – 4:15 pm
Regency A
Pre-Conference Session: Orientation for participants attending their first PHI conference
Welcome
William G. Stothers
Maximizing Your Conference Experience
Joan L. Headley
Review: Late Effects of Polio & Your Health
Frederick M. Maynard, MD

6:00 – 7:30 pm
Regency D
Dinner (ticket required)

7:45 – 8:30 pm
Regency D
“One World,” performed by the Disability Project of That Uppity Theatre Company and Common Threads Dance Company
Supported by Rehabilitation Foundation for Disabled Persons, Inc.

SUNDAY, JUNE 1

8:00 – 9:00 am
Registration

9:00 – 10:15 am
Regency A
Changing Relationships through a Life Span
Presenters: Sandra Loyer, LMSW, Stephanie T. Machell, PsyD

Regency B
Help with Healing: Humor, Breathing, Stretching, Yoga
Presenters: Melissa Gatlin, Hannah Hedrick, PhD, Millie Lill

Regency C
Polio’s Effects on Breathing
Moderator: Bonnie Jo Grieve, MD
Presenter: John R. Bach, MD

THEME
- Medical Matters
- Recreating Ourselves
- Wellness Practices
- Minding Our Relationships
- Conditions of Aging
- Life Decisions of Aging
Regency D
Managing More Meds

Presenters: Marny K. Eulberg, MD, Alicia B. Forinash, PharmD

Regency E
Advice on Solo Aging

Presenters: Jann Hartman, Audrey King, Susy Stark, PhD, OTR/L, FAOTA

10:15 – 10:45 am • Break

10:45 am – 12:00 pm
Regency B
Being Spiritual

Presenters: Allison (Sunny) Roller, MA, Ann Williams, AdvCBP, BAT

Regency C
Travel Opportunities

Presenters: Barbara Gratzke, Jean Hartley, Mary Gordon

Regency D
Assessment: Our Home

Presenters: Gina Hilberry, AIA, Cyndi Jones

Regency E
Pain: It Gets Our Attention

Moderator: Ann Crocker
Presenters: William M. DeMayo, MD, Frederick M. Maynard, MD

12:00 – 1:15 pm
Regency C or D
Lunch

12:30 – 12:50 pm
Regency C
Support Dog Demonstration
Nadine Wenig, Lead Assistance Dog Trainer, Support Dogs, Inc.

1:15 – 2:30 pm
Regency B
Assessment: Our Abilities

Presenter: Hilary Boone
Reactors: Beth Kowall, MS, OTR, Carol Vandenakker-Albanese, MD

Regency C
Managing Polio's Effect on Breathing

Moderator: Bonnie Jo Grieve, MD
Presenter: John R. Bach, MD

Regency D
Cardiovascular Aging

Presenters: Michael W. Rich, MD, Martin B. Wice, MD

Regency E
Relatives of Survivors: Three Perspectives

Moderator: Stephanie T. Machell, PsyD
Presenters: Mary Navarre, OP, EdD, Willard (Bill) Smith, PhD

2:30 – 3:00 pm • Break

3:00 – 5:00 pm
Regency B
Beyond Eradication: The Forgotten Polio Survivors of India
Presenter: Neena Bhandari
SUNDAY, JUNE 1 (cont’d)

Regency C
Passing in the Shadow of FDR: Polio Survivors, Passing, and the Negotiation of Disability
Presenter: Daniel J. Wilson, PhD

Regency D
Roundtable on Post-Polio Bracing
Moderator: William M. DeMayo, MD
Presenters: Marny Eulberg, MD; Marmaduke Loke, CPO, Dynamic Braing Solutions; Mike Nieder, CO, Hanger, Inc; Dennis Richards, CO, Townsend Design

5:00 – 7:00 pm
Dinner on your own

7:00 – 8:30 pm

Regency C
Reflections on Being a Polio Survivor
Moderators: Francine Falk-Allen, Frederick M. Maynard, MD, Allison (Sunny) Roller, MA

MONDAY, JUNE 2

8:00 – 9:00 am • Registration

9:00 – 10:15 am
Regency A
Pause – Relax – Attend: the Mindful Way to Stress Relief
Presenter: Bridget Rolens, MA, BSOT

Regency B
Staying Active: Mind & Body
Presenters: Mark D. Peterson, PhD, MS, Beverly Schmittgen, EdD, William G. Stothers

Regency C
Refining Our Castle
Presenters: Frank Frisina, Karen Hagrup

Regency D
Let’s Talk about the Spine
Presenters: Cynthia Henley, PT, Carol Vandenakker-Albanese, MD, Kathryn Wollam, PT

10:15 – 10:45 am • Break

10:45 am – 12:00 pm

Regency A
Moving You to Better Health with the Lebed Method
Presenters: Laura Dowell, PT, CLMT

Regency B
Legal Concerns for Polio Survivors: A Benefits Primer
Presenter: Martha C. Brown, JD

Regency C
Weight Management
Moderator: Jann Hartman
Presenter: Kathy Davis, MSW, LCSW, Reactor: Mark D. Peterson, PhD, MS
Regency D
Maintaining Posture
Presenters: Holly Wise, PT, PhD, Carol Vandenakker-Albanese, MD

Regency E
Communicating for Understanding
Presenters: Stephanie T. Machell, PsyD, Rhoda Olkin, PhD

12:00 – 1:15 pm
Regency C or D
Lunch

12:30 – 12:45 pm
Regency C
Adventures on Cruises
Maureen Sinkule

1:15 – 2:30 pm
Regency A
Exploration of Faith & Disability
Presenter: Cyndi Jones

Regency B
Finding a Pair of Hands and Legs
Moderator: Saul Morse
Presenter: Ann Ford

Regency C
Support Groups: What Works
Presenters: Jean Graber, Beth Kowall, MS, OTR, Mary-ann Liethof, Elizabeth Lounsbury, Micki Minner

Regency D
Why Worry? Stop Coping and Start Living
Presenter: Kathryn Tristan

Regency E
Update on Anesthesia
Presenter: Selma Calmes, MD

2:30 – 3:00 pm  •  Break

3:00 -5:00 pm
Regency C
My New Reality
Moderator: Rhoda Olkin, PhD
Presenters: Neena Bhandari, Mark Mallinger, PhD, Joyce Tepley

Regency D
Roundtable on RADs, Vents & Interfaces
Moderator: Betsy Thomason, RRT
Presenters: Ronda Bradley, MS, RRT, FAARC, CareFusion – Alternate Care, Tony Mengwasser, RRT, Philips Respironics, Michael Madison, RRT, Bob Richardson, RRT, ResMed

Regency F – Two Forms of T’ai Chi & Yoga
Fitness Center (Lobby Level) – Machines, Weights, Bands
Exploring Exercise
Facilitators: William M. DeMayo, MD, Melissa Gatlin, Hannah Hedrick, PhD, Mark D. Peterson, PhD, MS, Frederick M. Maynard, MD, Ann Williams, AdvCBP, BAT, Holly Wise, PT, PhD
TUESDAY, JUNE 3

8:00 – 9:00 am • Registration

9:00 – 10:15 am
Regency B
Proven Energy Boosts ▪
Presenters: Carol Elliott, Betsy Thomason, RRT

Regency A
A Discussion for Significant Others ▪
Presenter: Willard (Bill) Smith, PhD

Regency C/D
Lessons from The Rehabilitation Research & Training Center on Aging with a Physical Disability ▪
Presenter: Alexandra Terrill, PhD, Aimee Verrall, MPH

Regency E
End of Life: The Practical & The Experiential ▪
Presenters: Audrey King, Maria Miskovic, LCSW

10:15 – 10:45 am • Break

10:45 am – 12:00 pm
Regency C/D
Post-Polio Research – Plenary Session
Moderators: Selma Calmes, MD, Daniel J. Wilson, PhD

Summary from Brazil & South America
Presenter: Sheila Jean McNeill Ingham, MD, PhD

12:00 – 1:15 pm
Regency C/D
Lunch

12:30 – 1:00 pm
Regency C/D
Disabilities Treaty (CRPD)
Judith E. Heumann, MPH, Special Advisor on International Disability Rights at the US Department of State

1:15 – 2:30 pm
Regency C/D
Post-Polio Research (cont’d)

Endurance Training: How to target intensity?
Presenter: Eric Voorn, MSc

Update on PHI-funded Research
Presenters: Carolyn (Kelley) Da Silva, PT, DSc, NCS, Claire Kalpakjian, PhD

2:30 – 3:00 pm
Regency C/D
Discussion of Future Needs of Polio Survivors
Facilitators: William G. Stothers, Daniel J. Wilson, PhD

Genetic Predisposition to Polio: New Research from Canada
Presenter: Mark Loeb, MD, MSc, FRCPC

Update on PHI-funded Research
Presenter: Antonio Toniolo, MD

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