Comment about last issue
Three Members wrote that their personal experience in using vitamin B₆ to treat carpal tunnel syndrome (CTS) is beneficial – a fact not mentioned in “Carpal Tunnel Syndrome” (pages 3-5 in Post-Polio Health, Vol. 23, No. 2). In 1991, Polio Network News published an article suggesting B₆ as a treatment option for CTS.

Inside this Issue ...

Pages 1 and 3
Dx: Post-Polio Syndrome
Rx: One Assistance Dog, Individualized for the Owner
Mary Lee R. Nitschke, PhD, CAAB, reminds us that an assistance dog, not to be confused with a guide dog used by people who are blind, can contribute to your post-polio health.

Pages 4-7
Memories to Honor and to Heal
Janice Flood Nichols, a polio survivor, incorporates historical facts and details into her emotional and unique story. The article honors a health professional from the epidemics – a story that is not often told. Nichols, one in a long list of polio survivors to have written a book, is committed to the eradication effort.

Page 8
When Jay Nash from the IPVRC visited the PHI offices more than a year ago, I knew we had to tell the story of the “short-pants club.” It speaks volumes for what still needs to be done in the world, but also shows that polio survivors today face the same psychosocial issues we faced years ago.

Page 10
Learn about PHI’s We’re Still Here Campaign. PHI is complimented daily on its efforts to assist polio survivors. At the same time, the world minimizes the issues of polio survivors and slowly forgets their contributions.

PHI is asking you to step up and join us in reminding the general population that We’re Still Here – still right here in the United States, as well as the rest of North and South America, Europe and Australia, where a 22-year-old returning from Pakistan contracted acute poliomyelitis in July 2007. (This was the first case recorded in Australia in more than 20 years.)

Polio survivors are still in South Viet Nam and other expanding economies, and in places such as Afghanistan and Sierra Leone, where war is a constant threat. I invite – even challenge – you to do your part to remind the world ... if not for yourself, but for them that We’re Still Here.

–Joan L. Headley, Executive Director of PHI