Inside this Issue ...

Pages 1, 3-5
**Regulatory T Cells as a Biomarker of Post-Polio Syndrome**
Rahnuma Wahid, PhD, not only explains the results of the study funded by PHI’s Research Fund, but also gives us a basic lesson in immunology. Rahnuma often visits family in Bangladesh where a few cases of paralytic polio were reported even in 2000 and 2001.

Pages 6-8
**How I Learned to Stop Worrying and Love Technology**
Daniel J. Wilson, PhD, reminds us we are not alone, that others may not see us as we see ourselves and reaffirms the idea that in looking “more disabled” we can be more active and involved.

Page 9
Improved technology has improved PHI’s ability to connect with survivors around the world. T.V. Ganesh expresses his desire for more awareness of post-polio problems in India – WE’RE STILL HERE! (See page 12).

Page 10
Thank you for your responses to “To Have Surgery or Not to Have Surgery – That Is the Question!” by Debbie Hardy. The recommended surgeons are listed.

Page 11
With thanks, we publicly acknowledge our major supporters. There is a trend of people becoming PHI Members “because a polio survivor (or my physician) said I should join.” Thank you for the endorsements!

Page 12
**SAVE THE DATES ... WE’RE STILL HERE! and Living with Polio in the 21st Century** are scheduled.

Joan L. Headley, Executive Director of PHI